

# The BERKELEY REPORTER

*July 2025*

PUBLISHED MONTHLY AND MAILED TO THE HOMES IN HOLIDAY CITY BERKELEY



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# **V.F.W. POST 10185 NEWS**

*By Post Commander James Egan 732-644-2119*

The next two meetings of Silver/Holiday V.F.W. Post 10185 will be held on Thursday, July 3rd and Thursday, August 7th both at 1:00 PM at the Silver Ridge Park West Clubhouse, 145 Westbrook Drive. We hold our meetings on the first Thursday of every month. We meet in the daytime, so you do not have to drive at night.

To join our post, just bring a copy of your Discharge (DD-214) to our meeting and you'll receive a hardy welcome and refreshments before the meeting. If you need a ride to the meeting or want more information without any obligation call Post Commander James Egan at 732-644-2119.

Remember if you hear of any Post member passing away or being in the hospital, call any officer and let him know.

- Friday, July 4 this Independence Day, remember to fly your flag and watch the fireworks in the evening.
- Saturday, July 27th marks the 71st Anniversary of the end of the Korean War. The monument to the Korean War is located at the Boardwalk and Park Place in Atlantic City, NJ. There is usually a ceremony held there every year by the local Veteran organizations, so that the Korean War will never be known as the "Forgotten War."

For the Veterans Fighting the Global War on the Terrorism against ISIS, you are eligible to join the Veterans of Foreign Wars. The Eligibility dates are June 15, 2014 – TBD. For more information go to [WWW.VFW.org/Join/Eligibility](http://WWW.VFW.org/Join/Eligibility).

The VFW would like you to drop off your old and faded Flags at either Holiday City South (Main Building), Holiday Heights, Holiday City Berkeley, Silver Ridge Park West, Silver Ridge Park North, Silver Ridge Park East, Silver Ridge Park Westerly Clubhouses.

**GOD BLESS AMERICA and GOD BLESS OUR TROOPS  
FLY THE FLAG EVERYDAY, WEATHER PERMITTING**

## From The Publisher ...

Welcome to the Berkeley Reporter! We print monthly and mail to every home in Holiday City Berkeley. Most of the articles and images are submitted by residents of Holiday City or the editor.

Each month we may include a photo article by Kirms Photography and/or some images from a local photographer. If you'd like to be considered as a "Photographer Of The Month" simply email a short bio of yourself and 4-5 images to: [images@seniorpublishing.net](mailto:images@seniorpublishing.net).

Images should be about 3000 pixels on the long side. Send an email if you have any questions about being our photographer of the month.

We'd love to hear from you! If you have anything you would like to be considered for publishing, please email [cornercafe@seniorpub.com](mailto:cornercafe@seniorpub.com).

**View the Berkeley Reporter  
on your computer at**

**[www.SeniorPublishing.net](http://www.SeniorPublishing.net)**

**Click the Community Papers link  
then the link for Berkeley Reporter.**

**Advertising Deadline  
For the August 2025 Issue  
Is July 7th**

### EDITOR'S NOTES:

All residents are welcome to submit articles for publication in the Berkeley Reporter.

All materials submitted must be signed and must be received by the 5th of the month for publication. Articles received after the 5th will appear in the following month's issue pending space. We solicit articles, but reserve the right to reject, edit or accept as is, the article submitted. We reserve the right to condense or edit letters and will refuse those which may carry libelous, inflammatory, or articles in bad taste.

**EDITOR RESERVES OPINION TO OFFER COMMENT ON ALL  
SUBMISSIONS, AND TO RETURN LETTERS EXCEEDING 300 WORDS  
TO WRITER FOR RESUBMISSION.**

**NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS**

**"We reserve the right to condense or edit letters and  
will refuse those which will carry libelous inflammatory  
or articles in bad taste."**

## Ocean Ride

Ocean Ride is a service provided by the Ocean County Board of Commissioners. Ocean Ride provides non-emergency, door-to-door transportation service to local doctor appointments, shopping or other trip purposes, for eligible residents of Ocean County.

Registration is required. Eligibility requirements are, Senior's (60+ years old) and Persons with Disabilities (over 18 years of age with valid documentation). All vehicles are wheelchair and mobility device accessible.

Fares are \$6.00 round trip. A 50% discount is offered to NJ PAAD recipients. Riders are billed monthly by mail, (the month after service is provided). The drivers cannot accept cash or payments on board vehicles.

You may schedule your reservation up to four (4) weeks prior to the date of your appointment or sooner. To request a brochure, please call Ocean Ride, Monday thru Friday between the hours of 8:00am and 4:30pm at (732) 736-8989 and press 1 to speak to a Representative.

### BERKELEY TOWNSHIP POLICE

*Public Safety through a combined effort of  
Law Enforcement and the Residents of  
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**Tip Hotline**

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Extension 6 1 1**



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Extension 1 3 2**

**Deadline For August 2025  
Issue Editorial is July 8, 2025**

**Please Confine Copy to 350-400 Words**

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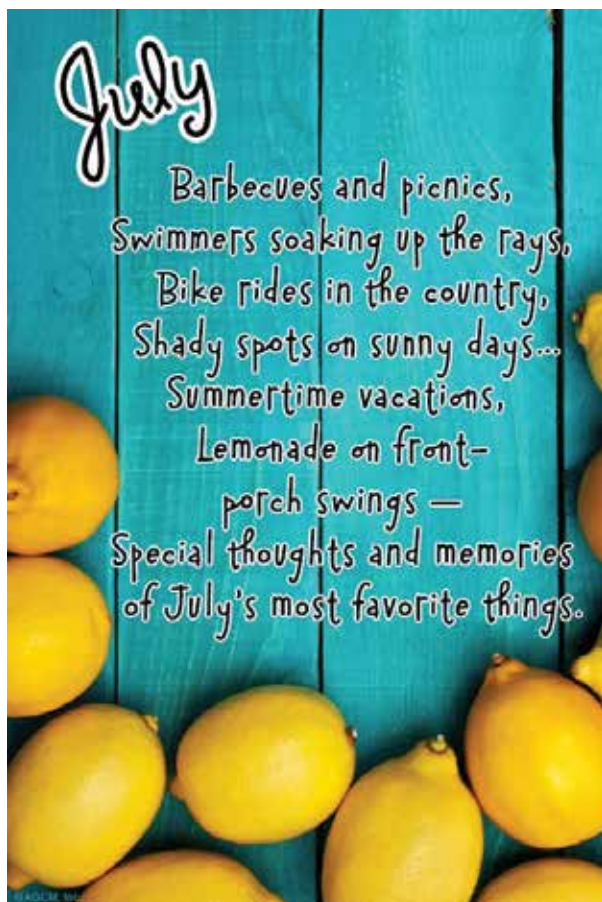
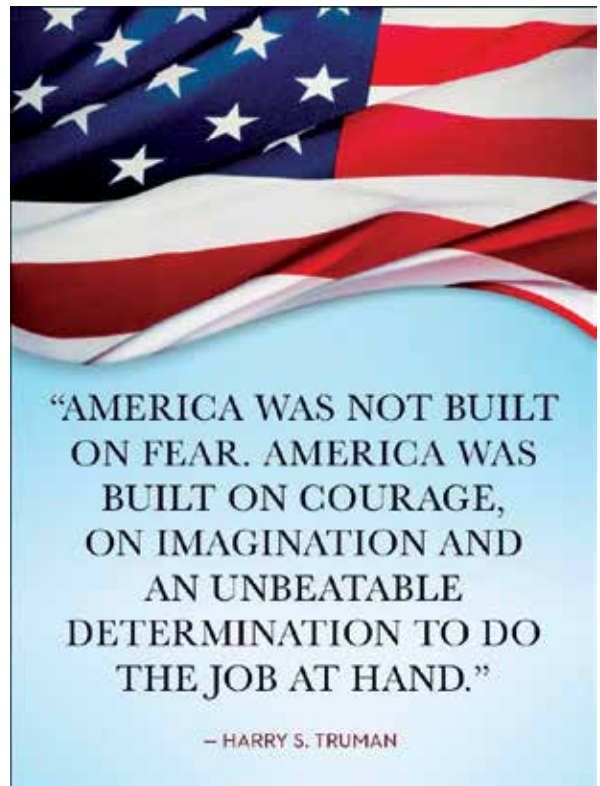
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**We will come to you if disability prevents you from visiting our office.**

ads-8602

# Anger/Outbursts, Anxiety

Submitted by Dolores A. Gumina

Do you or someone you know suffer from anger/outbursts, anxiety, compulsions, depression, feelings of low self-worth, fear, mood disorders, palpitations, panic, panic attacks, poor self-image, social anxiety, stress, tremors, etc.?

The help you seek may be as simple as a phone call away. Recovery International is a free member-led self help system that offers proven techniques for nervous people who learn and practice the tools at weekly meetings. The tools and techniques were developed by Dr. Abraham Low and have been used for over 80 years.

A local group meets every Wednesday evening at 7:30PM in Room 6 at the Presbyterian Church of Toms River. For more information call Dolores at 732-557-5466 or visit our website: [www.recoveryinternational.org](http://www.recoveryinternational.org).

## We Love To Hear From You!

We'd love to hear from you! If there is anything you would like to see included in future issues, please email [reporter@seniorpub.com](mailto:reporter@seniorpub.com)

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# Having Trouble Making Ends Meet?

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If you, or someone you know, needs help with  
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**At: Holiday City @Berkeley,  
Parking Lot by Clubhouse 2**

**On: Friday, July. 25th, 2025 9:30AM to 11:00AM**

You can pre-register by asking for a registration form at the Clubhouse 2 office.

631 Jamaica Blvd, Berkeley Township

Pre-registration helps the Food Bank know how much food to bring,  
but if you don't pre-register, you can still come and receive food.

The mobile pantry will be distributing non-perishable food as well as fresh produce and  
baked goods. Please bring ID. If you have questions please call FULLFILL  
The NEW Food Bank of Monmouth and Ocean Counties at 732-918-2600 Ext.5873.

Or

Councilwoman Sophia Gingrich 732-272-2255

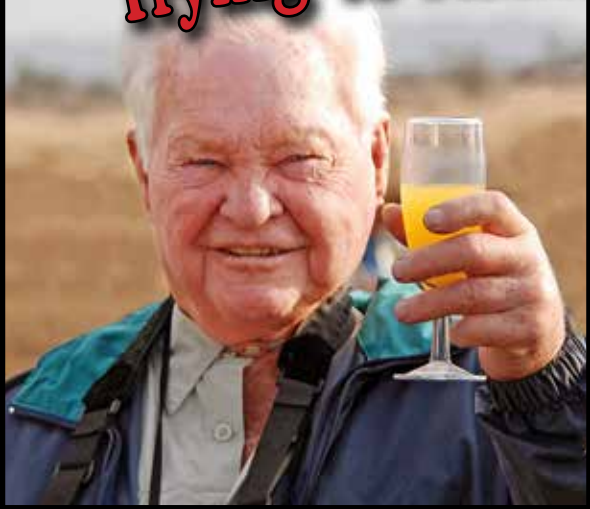
Councilman Michael Signorile

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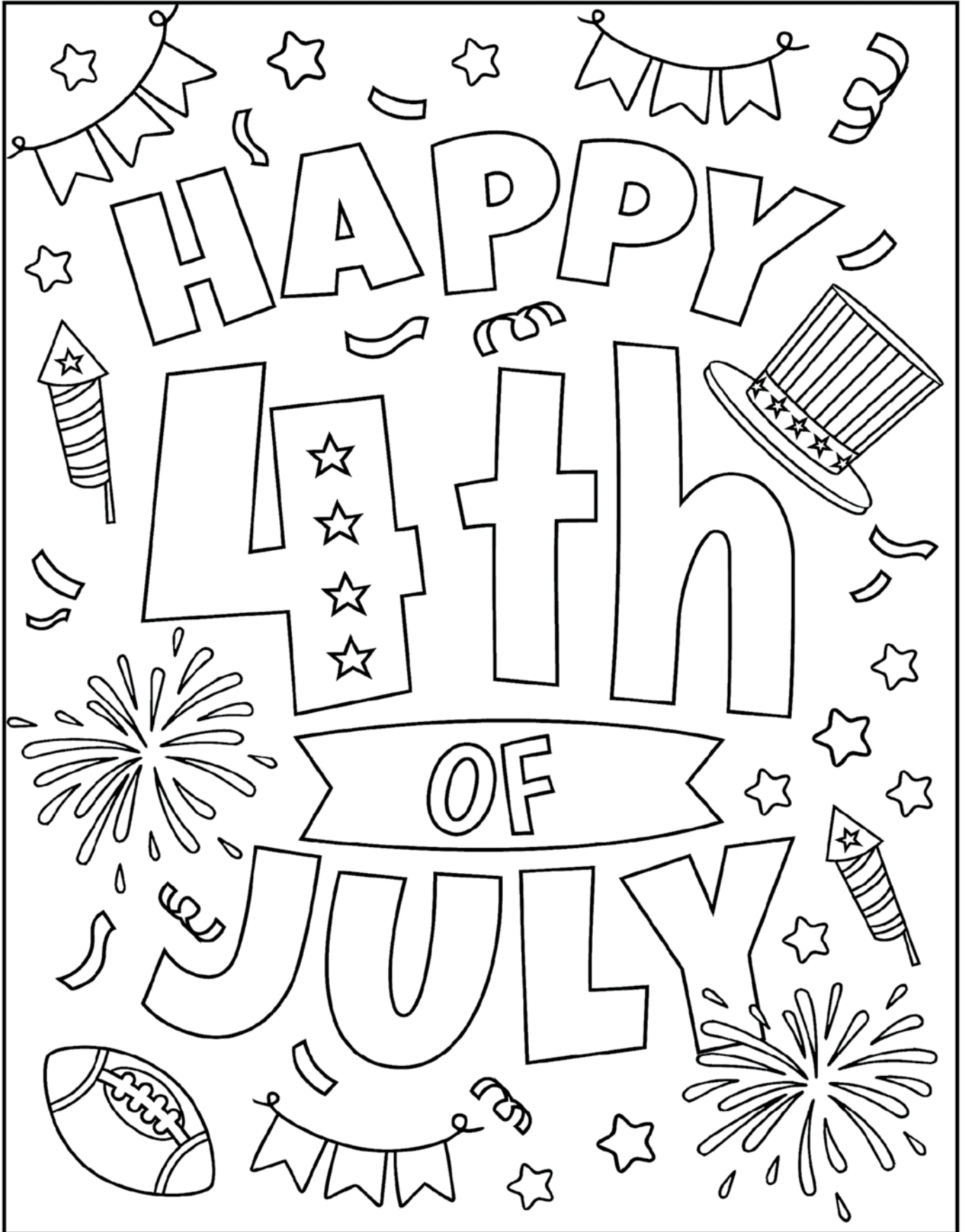
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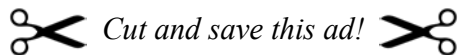
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# HEALTHCARE TIPS... 10 Summer Safety Tips for Seniors

Summer is a great time to enjoy outdoor activities and warm, sunny days, but it is important to keep your health a number one priority. According to the Centers for Disease Control and Prevention, people aged 65 or older have a harder time adjusting to sudden temperature changes. Prepare for a safer summer with the following warm weather tips for older adults.

## Reduce Strenuous Activities

With high temperatures, seniors should stay in air-conditioned or cool places and out of the sun. It's important to reduce any strenuous or physical activities as the more movement, the higher the body temperature.

## Keep Hydrated

Drink plenty of water, even if you're not thirsty! As you increase your intake of water, minimize your intake of caffeinated or alcoholic drinks, as these only dehydrate your body. Fresh fruits and vegetables are also recommended to help keep you hydrated. Avoid alcohol and caffeine.

## Protect Yourself in the Sun

Use sunscreen with SPF 15 or higher when going outside, even on cloudy or overcast days. Be sure the sunscreen blocks both UVA and UVB rays. Reapply sunscreen after any water activities. Discard expired sunscreen as the ingredients deteriorate over time and may no longer be effective in protecting you. Hats are also a great idea for protecting against the sun. When possible, stay in shaded areas like covered patios or shady trees.

## Wear Light Clothing

Stock your wardrobe with light-colored and loose-fitting clothes to keep cool and stay comfortable. Natural fabrics such as cotton also help to keep cool as opposed to synthetic fibers.

## Be an Early Bird or Night Owl

If you must be outside during a summer heat wave, limit your outdoor activities to the morning and evenings since the sun is the strongest between 10 am and 4 pm.

## Watch For Heat Stroke

It's important to be mindful of signs of a heat stroke, which include confusion, disorientation, dry skin, excessive tiredness, headache, lethargy, nausea, and rapid pulse. Make sure you seek medical attention immediately if you or someone you know experiences these symptoms.

## Review Your Medications

Many seniors take medication on a daily basis. Some medications are known to cause side effects such as increased sensitivity to ultraviolet rays. Be sure to review with your doctor or pharmacist if you have any concerns.

## Protect Your Eyes

Too much exposure to the sun can irritate and cause damage to your eyes. When outside, wear sunglasses that protect from UV rays.

## Eat Some Ice Cream!

Treat yourself to ice cream, a popsicle, or frozen yogurt to keep cool over the summer!

## Schedule a Check-up

No matter the season, remember to schedule regular check-ups with a primary care provider to maintain optimal health, prevent illness, and monitor chronic health issues.





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## 5 Important Tasks to Keep Your Car In Good Shape This Summer

With summer right around the corner, it is a good time to check essential parts of your car. Here are five (5) things to do before summer begins.

- Check your car's alignment after winter. Potholes can leave your car unbalanced and this can lead to uneven tire wear and tear. Look for uneven tire wear, a shaky steering wheel, or the vehicle pulling to one side.
- Check your car's tire pressure to avoid flats and blowouts. Colder temperatures will lessen your tire's pressure while hotter temperatures can over inflate your tires. Having even tire pressure can also help extend our tires usage.
- Check your car's brakes. This is important year-round. Have a service professional look for thinning in brake pads when you're having tires checked, rotated, or replaced.
- A battery in a gas-powered car typically lasts three to five years. If nearing the end of this range and struggles to start, it may be time to replace the battery.
- Making sure your windshield is intact is crucial as it can be a road hazard and lead to tickets. Also, dull windshield wiper blades can create a risk for yourself and other drivers.

*USA Today Network/2024*





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Website: [www.marysplacebythesea.org](http://www.marysplacebythesea.org)

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## Trivia - July 2025

1. Rihanna banned fans from bringing what items to her U.K. concerts in 2008?
2. Who created the alien rock superstar Ziggy Stardust?
3. Which young girl helped drive the English from French soil in the 15th century?
4. What U.S. President coined the phrase "Good to the last drop," referring to coffee?
5. What is the biggest supermarket chain in the U.S.?
6. On every continent there is a city named what?

Answers on page 31



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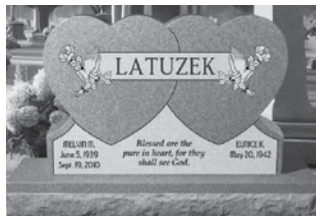
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## Tips For Seniors

To help seniors enjoy a healthy and safe season, embrace outdoor activities, stay hydrated, practice allergy management, prioritize sleep, and ensure regular health check-ups. Here's a more detailed breakdown of the tips for seniors:

### Health & Wellness:

- **Embrace Outdoor Activities:** Great time to get outside with gentle exercise like walking, gardening, or simply enjoying the sunshine.
- **Stay Hydrated:** As temperatures rise, it's crucial to stay hydrated, especially since the ability to notice thirst can decline with age.
- **Allergy Management:** Monitor local pollen counts and consider staying indoors on high-pollen days, keeping windows closed, and using air purifiers.
- **Prioritize Sleep:** Aim for 7-8 hours of quality sleep each night to support overall health and well-being.
- **Regular Health Check-Ups:** Schedule a seasonal health check-up to address any concerns and ensure optimal health.
- **Safe Sun Exposure:** While sunshine is beneficial, protect skin from harmful UV rays by wearing sunscreen, hats, and sunglasses.
- **Healthy Eating:** Focus on a balanced diet rich in fruits, vegetables, and lean proteins.
- **Stay Connected:** Make an effort to stay connected with loved ones, whether through phone calls, visits, or online communication.

### Safety & Home:

- **Cleaning:** Declutter and organize your home to reduce fall risks and create a more comfortable environment.
- **Check Smoke Detectors:** Ensure smoke detectors and alarms are working properly by testing them and replacing batteries.
- **Medicine Cabinet Check:** Check expiration dates on medications and discard any expired or unused items.
- **Prepare for Severe Weather:** Have an emergency plan and kit ready, including essentials like medications, water, and a first-aid kit.
- **Check for Hazards:** Ensure walkways and outdoor areas are clear of hazards like ice, snow, or debris.

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# HOUSEHOLD TIPS...

## 25 Surprising Ways You Can Use Windex Around the House

### Continued from last month

With multiple formulations to choose from, Windex may surprise you with the tasks it can perform. For example, did you know that Windex can unstick a zipper, loosen old wallpaper, and safely clean your diamond engagement ring? These are only three examples of the many surprising ways you can use Windex around the home. Here are a few more:

**Kill mold and mildew on household surfaces** – Windex original glass cleaner is an inexpensive option to kill mold and mildew around your home. Both mold and mildew are living fungi that spread via microscopic spores floating through the air. Mold is particularly damaging to the materials in your home, and it can cause respiratory health problems for the inhabitants. Windex original glass cleaner contains ammonia, an effective agent for killing the fungi that cause mold and mildew growth in moist areas around the home. Windex vinegar glass cleaner is a good second choice for killing mold and mildew since it is a mildly acidic cleaning agent. It's best to use these cleaners on hard surfaces, avoiding wood and other soft, porous materials like drywall and grout.

It's also a great cleaner to prevent mold and mildew from forming in the first place. Continually wipe down prone areas to help eliminate the threat. It's also important to open windows and doors for ample ventilation when using these products. Additionally, you should wear gloves and a mask over your mouth and nose. These precautions help avoid the health risks of contacting mold and strong cleaning agents.

**Banish germs and viruses from sickroom surfaces** – It's not necessary to disinfect the surfaces in your home on a daily basis. For most purposes, regular cleaning products will keep your home fresh and sanitary. But when a family member is sick, you want to take precautions against spreading the illness-causing germs or viruses to the rest of the house. Use Windex disinfectant cleaner to make household surfaces germ-free, especially in the sick room and the bathroom. This Windex cleaning formula does not contain ammonia or vinegar, so it's safe for most surfaces.

According to Windex, the cleaning agents in the disinfectant formula kill a wide variety of germs and viruses. These include staph, salmonella, pneumonia, strep, common cold germs, and the H3N2 flu virus. It's a good idea to keep the Windex disinfectant cleaner on hand to sanitize your home surfaces whenever a family member contracts a contagious illness.

**Wash linoleum or vinyl floors** – To keep your utility closet from overflowing with multiple products, you can use Windex vinegar glass cleaner as an effective product for your floors. Cleaning experts recommend diluted vinegar as a cleaner-of-choice for vinyl and linoleum materials. Instead of mixing vinegar and water in a bucket and washing the floor with a mop or cloth, it's super-easy to spray and wipe Windex vinegar glass cleaner, using it as a floor cleaner. However, avoid using Windex's original glass cleaner, as the ammonia may damage vinyl and linoleum.

Start by sweeping or vacuuming the floor to remove loose dirt and debris. Then, spray Windex vinegar glass cleaner onto the floor and wipe with a dry, disposable mop pad. Work in small sections approximately 4 feet wide by 4 feet long, moving across the entire floor until it's all clean. Change the dry mop pad as often as necessary to ensure you're wiping with a clean and dry disposable cloth.

**Sanitize trash cans with Windex disinfectant cleaner multi-surface** – Trash cans harbor bacteria and viruses as well as sticky messes. For occasional cleaning and sanitizing, you can empty your trash cans and spray them inside and out with Windex disinfectant cleaner multi-purpose. This antibacterial cleaner kills 99.9% of bacteria while it breaks down dirt and grease. The formula is ammonia-free and safe for most hard surfaces, including stainless steel and plastic.

After spraying the cleaner, wipe the surfaces with a dry cloth or a paper towel. For indoor trash cans, you can leave behind a fresh fragrance by using one of the Windex disinfectant sprays that include a Glade scent

Continued on page 19

## HOUSEHOLD TIPS from page 18

additive. If you're cleaning outdoor trash cans, you can start the job by emptying the cans and spraying them inside and out with water from a garden hose. This step will remove loose dirt and debris. Then, spray with Windex disinfectant cleaner and wipe with a dry cloth or an old towel.

**Clean ceramic and porcelain tile with Windex ammonia-free formulas** – When cleaning the kitchen and bathroom, don't forget that ammonia-free Windex formulas work well on multiple surfaces, including ceramic and porcelain tiles. The tiles are installed with grout joints between them. Some cleaning experts advise against using ammonia products to clean these types of surfaces because ammonia erodes grout over time. Although Windex's original glass cleaner contains ammonia as a cleaning agent, several other Windex formulas do not. Therefore, if you want the best cleaning outcomes for both the tile surfaces and the grout between them, it's advisable to use one of these products: Windex vinegar glass cleaner, Windex ammonia-free glass cleaner, or Windex disinfectant cleaner multi-surface.

To clean ceramic and porcelain tiles, start by sweeping, vacuuming, or wiping the area with a damp cloth. This step removes loose dirt and dust. Then, spray the tiled area with Windex and wipe it with a clean microfiber cloth. If you're cleaning a tile floor, use a mop with a dry, disposable mop pad.

**Continued Next Month**

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# Fourth of July ~ Independence Day

*History.com Editors*

<https://www.history.com/topics/holidays/july-4th>

The Fourth of July—also known as Independence Day or July 4th—has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution. On July 2nd, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the 13 colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades and concerts to more casual family gatherings and barbecues. The Fourth of July 2020 is on Saturday, July 4, 2020.

## **A History of Independence Day**

When the initial battles in the Revolutionary War broke out in April 1775, few colonists desired complete independence from Great Britain, and those who did were considered radical.

By the middle of the following year, however, many more colonists had come to favor independence, thanks to growing hostility against Britain and the spread of revolutionary sentiments such as those expressed in the bestselling pamphlet “Common Sense,” published by Thomas Paine in early 1776.

On June 7, when the Continental Congress met at the Pennsylvania State House (later Independence Hall) in Philadelphia, the Virginia delegate Richard Henry Lee introduced a motion calling for the colonies’ independence.

Amid heated debate, Congress postponed the vote on Lee’s resolution, but appointed a five-man committee—including Thomas Jefferson of Virginia, John Adams of Massachusetts, Roger Sherman of Connecticut, Benjamin Franklin of Pennsylvania and Robert R. Livingston of New York—to draft a formal statement justifying the break with Great Britain.

Did you know? John Adams believed that July 2nd was the correct date on which to celebrate the birth of American independence, and would reportedly turn down invitations to appear at July 4th events in protest. Adams and Thomas Jefferson both died on July 4, 1826—the 50th anniversary of the adoption of the Declaration of Independence.

On July 2nd, the Continental Congress voted in favor of Lee’s resolution for independence in a near-unanimous vote (the New York delegation abstained, but later voted affirmatively). On that day, John Adams wrote to his wife Abigail that July 2 “will be celebrated, by succeeding Generations, as the great anniversary Festival” and that the celebration should include “Pomp and Parade...Games, Sports, Guns, Bells, Bonfires and Illuminations from one End of this Continent to the other.”

On July 4th, the Continental Congress formally adopted the Declaration of Independence, which had been written largely by Jefferson. Though the vote for actual independence took place on July 2nd, from then on the 4th became the day that was celebrated as the birth of American independence.

## **Early Fourth of July Celebrations**

In the pre-Revolutionary years, colonists had held annual celebrations of the king’s birthday, which traditionally included the ringing of bells, bonfires, processions and speechmaking. By contrast, during the summer of 1776 some colonists celebrated the birth of independence by holding mock funerals for King George III as a way of symbolizing the end of the monarchy’s hold on America and the triumph of liberty.

Festivities including concerts, bonfires, parades and the firing of cannons and muskets usually accompanied the first public readings of the Declaration of Independence, beginning immediately after its adoption. Philadelphia held the first annual commemoration of independence on July 4, 1777, while Congress was still occupied with the ongoing war.

George Washington issued double rations of rum to all his soldiers to mark the anniversary of independence in 1778, and in 1781, several months before the key American victory at the Battle of Yorktown, Massachusetts became the first state to make July 4th an official state holiday.

**Continued on page 23**

After the Revolutionary War, Americans continued to commemorate Independence Day every year, in celebrations that allowed the new nation's emerging political leaders to address citizens and create a feeling of unity. By the last decade of the 18th century, the two major political parties—the Federalist Party and Democratic-Republicans—that had arisen began holding separate Fourth of July celebrations in many large cities.

### **Fourth of July Fireworks**

The first fireworks were used as early as 200 BC. The tradition of setting off fireworks on the 4 of July began in Philadelphia on July 4, 1777, during the first organized celebration of Independence Day. Ship's cannon fired a 13-gun salute in honor of the 13 colonies. The Pennsylvania Evening Post reported: "at night there was a grand exhibition of fireworks (which began and concluded with thirteen rockets) on the Commons, and the city was beautifully illuminated." That same night, the Sons of Liberty set off fireworks over Boston Common.

### **Fourth of July Becomes a Federal Holiday**

The tradition of patriotic celebration became even more widespread after the War of 1812, in which the United States again faced Great Britain. In 1870, the U.S. Congress made July 4th a federal holiday; in 1941, the provision was expanded to grant a paid holiday to all federal employees.

Over the years, the political importance of the holiday would decline, but Independence Day remained an important national holiday and a symbol of patriotism.

Falling in mid-summer, the Fourth of July has since the late 19th century become a major focus of leisure activities and a common occasion for family get-togethers, often involving fireworks and outdoor barbecues. The most common symbol of the holiday is the American flag, and a common musical accompaniment is "The Star-Spangled Banner," the national anthem of the United States.



# SCAM ALERT ... Common Scams That Target Seniors

Continued from last month

**Scams targeting older adults** are all too common in today's world. Many scammers think of seniors as prime targets because of their retirement savings or because they may live alone. Many outdated and downright inaccurate stereotypes about older adults make them popular targets.

Luckily, there are plenty of ways to stay ahead of the fraudsters and avoid getting scammed. In this guide, we'll walk you through the most common scams that target older adults, so you know exactly what to look out for.

This guide covers the various fraud tactics that scammers commonly use, followed by more detail on each type of fraud. Last but not least, if you suspect that you or someone you know may be a victim of a scam, briefly review the resources you can turn to.

## Android | iOS

**Truecaller** – This is another reliable and popular app to protect yourself against unwanted calls and to know immediately if a new number is a scam as reported by others who received the same call.

**Whoscall** – Whoscall has over 1 billion numbers in its database, and the figure constantly increases as users of the app report more and more unknown numbers as spam and scams. Hopefully, this app helps you know when you're receiving a call from a legitimate business or a scammer.

## Android | iOS

To safeguard against robocall and telemarketing scams, join the Do Not Call Registry. When you sign up, you'll be protected from legitimate telemarketers. This way, if you get questionable calls, you'll know that they are more likely to be scams.

In addition, when you get a question such as, "Do you hear me?" just hang up. Some callers may encourage you to press "1" to be removed from a call list or to speak with a real person. Don't do this. It just shows the scammers that you are responsive. Your aim is to avoid engaging at all.

## Charity Scams

These scams are unfortunate as they prey on the goodwill of others. Scammers either call or approach a senior in person, saying they are looking for donations to a worthy cause. In reality, the perpetrators have nothing to do with the charity or cause and are looking to take the victim's money for their own gain.

## Did You Know?

Security systems can keep you protected in your home and monitor who shows up at your door, so you can avoid scammers who visit your home.

Sometimes the goal is to **steal the victim's identity** as well. Charity scams tend to happen most after natural disasters on the international level like a **major hurricane** or on a local level like helping to fund **local firefighters**.

Continued Next Month

*Author: SeniorLiving.org Team, Updated: January 15, 2025*

## Our Flag

*By Seymour Berger*

Rippling through the wind  
Against the blue sky  
A salute to freedom  
A glory that doesn't die  
Our flag stands up  
To the greatest peak  
Strong as could be  
And never, never weak  
Many wars she gone through  
With her colors  
Of red, white and blue  
Always comes out a winner  
Which is true and true  
Symbol of peace is the flag  
And to be very glad  
As a proud American in this great land  
Our flag shall always stand

## Home Sweet Home

*By Eleanor Zygo*

I had to leave the place I loved  
Because it was a must.  
I looked to find another place,  
And learn how to adjust.  
I found a nice little house  
Here at Holiday City.  
The trees and flowers were all around,  
And made the place so pretty.  
The house does seem a little small,  
But then I can see,  
That when I fix it as I like,  
How happy I will be!  
My home will be my castle,  
And I will no longer pine:  
For I can smile, and proudly say,  
"At least it's mine, all mine!"

## FOURTH OF JULY

*By Seymour Berger*

GOING TO THE BEACH OR PARK  
TO WATCH THE FIREWORKS IN THE DARK  
LISTEN TO THE LIVELY BANDS  
EVERYONE ENJOYING IT, CLAPPING  
THEIR HANDS  
FIREWORKS LIGHTING UP THE SKIES  
OVERWHELMING TO OUR EYES  
BARBEQUING THOSE HAMBURGERS AND  
HOT DOGS  
SITTING ON A BENCH MADE OUT OF LOGS  
WAITING FOR THAT FOOD TO BE DONE  
AFTER EATING I WILL TAKE A LITTLE RUN  
THIS IS THE GREATEST DAY IN HISTORY  
THERE WAS NO KNOWN MYSTERY  
ON JULY FOURTH 1776 A WINNING DAY  
OUR RIGHTS OF INDEPENDENCE IS HERE  
TO STAY  
CELEBRATING THIS EVENT, IN MANY  
DIFFERENT WAYS  
GOING TO A BASEBALL GAME SEEING MANY  
DIFFERENT PLAYS  
COLORFUL PARADES PLAYING PATRIOTIC  
MELODIES AS WELL  
IN THE DISTANCE YOU CAN HEAR THE  
LIBERTY BELL  
THE SPEECHES THAT WERE MADE WAS  
TO COMMEMORATE  
THIS OUTSTANDING HISTORICAL DATE  
THE SIGNING OF THE DECLARATION  
BROUGHT THE INDEPENDENCE TO  
THIS NATION  
THE LAND OF THE FREE  
GO ANYWHERE YOU WANT TO BE  
THE STAR SPANGLED BANNER WE SING  
SALUTING THE FLAG AS PROUD  
HUMAN BEINGS  
THE MOST MEMORABLE DAY IS  
THE FOURTH OF JULY  
AMERICA HAS STRENGTH AND PEACE THAT  
WILL NEVER DIE.

### **Berkeley Reporter OnLine**

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# Recipe CORNER

## Peach Caprese Salad



Peachy Keen, take a bite out of the season's sweetest theme.

### Ingredients

2 Tbsp. Balsamic Vinegar  
2 Tbsp. Fresh Lemon Juice  
1 Tbsp. Stone-ground mustard  
1 Tbsp. Honey  
1 Tbsp. chopped Shallot  
3/4 Tsp. Kosher salt  
1/2 Tsp. ground black pepper  
1/4 cup extra virgin olive oil  
1/2 lb. fresh Mozzarella (sliced)  
2 Large Peaches (sliced into rounds)  
2 medium heirloom Tomatoes (sliced)  
Small bunch of basil leaves

### Directions:

In a small bowl, whisk together balsamic vinegar, fresh lemon juice, mustard, honey, shallot, kosher salt & black pepper.

While whisking, slowly drizzle in the extra-virgin olive oil. Whisk until the dressing is emulsified.

On a serving platter, arrange the sliced mozzarella, peaches, and tomatoes, top with fresh basil leaves.

Drizzle the dressing over the tomatoes, mozzarella, peach slices.

Refrigerate or serve immediately.

Serves 4

*yummy!*

## Strawberry Trifle



### Ingredients:

1 angel food cake (store bought less than one pound), cubed or torn  
1 package sugar-free strawberry Jell-O  
2 cups boiling water  
16 oz. package frozen strawberries  
2 packages sugar-free vanilla instant pudding  
3 cups skim milk  
8 oz. Cool Whip Free  
Fresh strawberries

### Instructions:

Dissolve Jell-O in boiling water, remove from heat and stir in frozen berries.

Refrigerate 15-20 minutes or until partially gelled.

Meanwhile, whisk together the pudding with the milk until thickened, fold in Cool Whip.

Place 1/3 of the cake pieces in the bottom of a trifle dish, top with 1/3 of the Jell-O mixture, top that with 1/3 of the pudding mixture. Repeat two more times.

Garnish the top with fresh, sliced strawberries.

Serves 16

## Homemade Chunky Applesauce



### Ingredients:

3 lbs apples, peeled and cored – possibly Stayman Winsap but your choice  
1/2 cup brown sugar, packed

### Instructions:

Peel and core your apples, cut in 8ths and place in saucepan, add brown sugar.

Cover and cook for 40 minutes on medium-low heat, stir often, when soft, stir to split up any large pieces.

Serve warm or cold. YIELD: Serves 8

If you have a recipe that you would like to share in our newsletters, please send them to

**[reporter@seniorpub.com](mailto:reporter@seniorpub.com)**

# KIRMS PHOTOGRAPHY

## Beach & Pool Scenes

It's summer time and a great time to get some shots at the beach and pool. On crowded beaches you can shoot the people, activities, and colorful umbrellas. On remote beaches you can look for wildlife, patterns in the sand, or great cloud formations against the water. There's always sunrise images early in the morning. Don't forget sunscreen and a hat!

The challenge with beach shots is getting the proper exposure. Your camera is designed to give you an average exposure of the entire scene. This is why most of your images are properly exposed. A very bright scene tricks your camera into thinking there is too much light, so the camera will cut back on exposure. To compensate you should increase the exposure slightly. If your camera has "scene" modes, use the one for snow or beach.

A great way to enhance your images is using a polarizing filter, which cuts glare the same as polarizing sunglasses. Many photographers use this filter to make the sky in their images darker (and the clouds brighter) but this filter works wonderfully to show the detail in the sand and to remove the

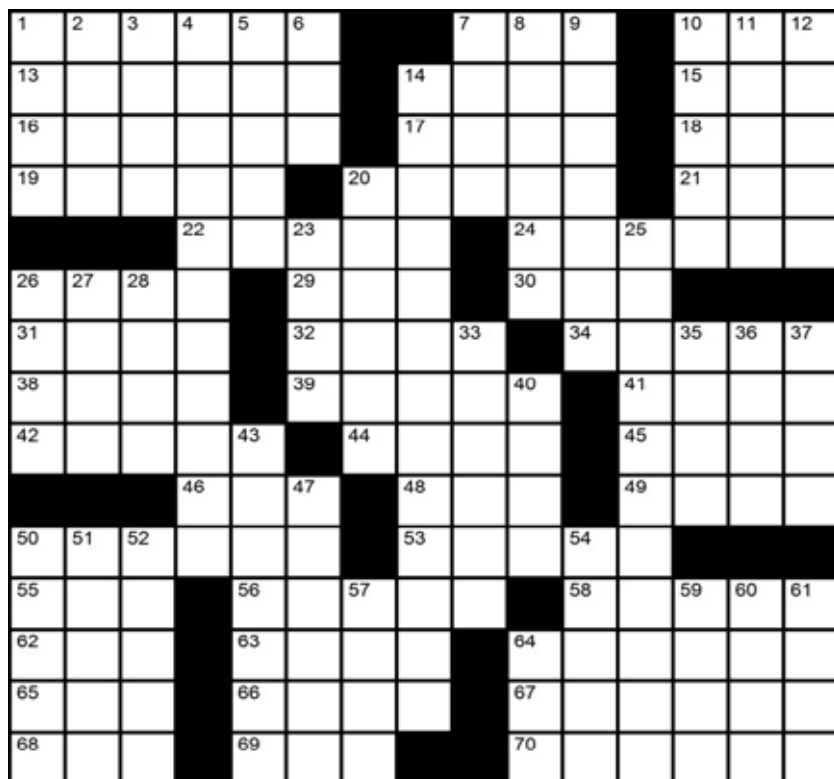


reflections in the water. This also works well for images around the pool.

That's it for this month. Send me an email at [bill@kirmsphotography.com](mailto:bill@kirmsphotography.com) if you have any photographic questions. You can visit my web site, [www.kirmsphotography.com](http://www.kirmsphotography.com), if you'd like to see more of my images. Keep shooting and trying to improve your images, but most importantly, have fun with your camera.



# CROSSWORD PUZZLE



## ACROSS

- 1 Statue of Liberty material  
 7 Got together  
 10 Buddy  
 13 Dry gulch  
 14 Cab  
 15 Lawyers' grp.  
 16 Flower of Rhode Island  
 17 Rends  
 18 Affirmative signal  
 19 Call the whole thing off  
 20 Very strong winds  
 21 First lady  
 22 Stand-up guy  
 24 "Thanatopsis" poet William --- Bryant  
 26 Large handbag  
 29 Noah's boat  
 30 Dumped in Boston harbor  
 31 Homeless child  
 32 Thick slice  
 34 First light  
 38 Bart Simpson's driver  
 39 Cheryl --- of "Suburgatory"  
 41 Wine valley  
 42 Terse  
 44 Aflutter  
 45 Operation Overlord  
 46 Half a Latin dance  
 48 Wetland  
 49 Snitches

- 50 "Mamma Mia" mamma  
 53 Fidgety  
 55 Pursue ardently  
 56 Ascends  
 58 Worn out  
 62 Limb  
 63 Repast  
 64 Medical prioritization  
 65 National boys' gp.  
 66 Corrosive  
 67 Confer  
 68 Male offspring  
 69 Directed  
 70 Fall flowers

## DOWN

- 1 Grotto  
 2 Are you out ---? (Poker)  
 3 Nudge  
 4 Cops in general  
 5 Intention of  
 6 Baloney  
 7 Postal delivery  
 8 Anticipate  
 9 Cold comforts?  
 10 Control board  
 11 Aloft  
 12 Burdened  
 14 Heptathlete's specialty  
 20 Little lady  
 23 Pulverize  
 25 Lots of things to do  
 26 Pairs  
 27 Cuss  
 28 Former Yugoslav dictator  
 33 Sires  
 35 Zilch  
 36 --- the crack of dawn  
 37 Is profitable  
 40 Coordinate  
 43 Rising current of warm air  
 47 Each  
 50 Gun-barrel cleaners  
 51 Trunk  
 52 One of the old empire builders  
 54 Fast rabbit relatives  
 57 Stated  
 59 Deceased  
 60 "Prince ---", Borodin opera  
 61 Tidings  
 64 Uninformative schedule info.

*Answers  
 on page 31*

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**MASS SCHEDULE**  
End Mule Road  
Saturday 4:00 - 5:30 p.m.  
Sunday 7:00 a.m., 8:30 a.m.,  
10:00 a.m., 11:30 a.m. & 1:00 p.m. Daily:  
7:00 a.m. & 8:30 a.m.  
Holiday Days: As announced  
St. Maximilian Kolbe Church  
Rectory Office (732) 914-0300

\*\*\*  
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Toms River, NJ 08755  
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Rev. Drew Miller - Pastor  
Rev. Donna Lombardi - Associate Pastor  
Franciscan Community of Mercy  
Masses: Sat. 5 p.m. and  
Sun. 9 a.m. & 11 a.m.  
All are welcome  
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[GoodShepherdARCC@gmail.com](mailto:GoodShepherdARCC@gmail.com)  
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974 Bay Avenue, West of Vaughn  
Toms River, N.J. 08753  
Rev. Dr. Michael M. Mazer, Pastor  
Phone: (732) 270-4888

## JEWISH SERVICES

Congregation B'nai Israel  
1488 Old Freehold Road  
Services: Friday 7:30 p.m.; Saturday 8:45  
am; Sunday 9:15 am; Minyan: Monday-  
Friday 7:45 am.  
Rabbi Ellen S. Wolintz-Fields  
[www.cbtr.org](http://www.cbtr.org)  
e-mail: [cbtr@comcast.net](mailto:cbtr@comcast.net)  
Hazzan Steven Walvick  
Phone: (732) 349-1244

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Beth Am Shalom  
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Services Friday night at 8:00 PM  
Rabbi Stephen Gold  
Cantor Alisa Forman  
Phone: (732) 363-2800

## ST. STEPHEN'S UKRAINIAN CATHOLIC CHURCH

(Byzantine-Ukrainian Rite)  
1344 White Oak Bottom Road,  
Toms River  
Divine Liturgy - Sundays  
8:45 a.m. in English; 10:00 a.m. in Ukrai-  
nian  
Rev. Oleksandr Dumenko, Pastor  
Phone to Rect.: (732) 505-6053  
Pyrohy (Perogi) : (732) 505-6293

## TOMS RIVER FIRST CHURCH OF THE NAZARENE

188 Hwy. 37 West, Toms River 08755  
Sunday Worship 9 a.m. and 10:45 a.m.  
Weds: Sermon review for adults & Scout-  
ing for children 6:30 p.m.  
Men's, women's, teens & senior  
ministries available  
Rev. Del Bieber, Senior Pastor; Rev. Brad  
Todd, Assoc. Pastor  
Phone: (732) 244-5463  
[www.trnaz.com](http://www.trnaz.com)

## ST. BARBARA GREEK ORTHODOX CHURCH OF OCEAN COUNTY

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5525

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1937 Church Road, Toms River, N.J. 08753  
Divine Liturgies - Saturday 6:00 p.m.,  
Sunday 9:30 a.m., Holy Days 9:00 a.m.,  
daily 8:30 a.m.

Confessions: One-half hour before all  
Liturgies

Pastor: Rev. Francis Rella  
Phone: Rectory (732) 255-6272,  
Hall: (732) 255-9702

## UNITED CHURCH OF CHRIST OF TOMS RIVER

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Toms River, NJ 08757  
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732-244-4014  
Pastor: Rev. Ruth D. Harvey

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Bayville, NJ 08721  
Office Phone: 732-269-9850  
Email: [office@faithcommunitybayville.org](mailto:office@faithcommunitybayville.org)  
Tax Exempt# 550-913-560/000  
Rev. Rene Pak, Pastor  
Email: [pastor@faithcommunitybayville.org](mailto:pastor@faithcommunitybayville.org)

## FIRST BAPTIST CHURCH

700 Main St., Toms River, NJ 08759  
Bible School - Sunday 9:15 a.m.  
Worship - Sunday 10:30 a.m.  
Prayer - Wednesday 7:00 p.m.  
Andrew Brown, Pastor  
[www.fbctomsriver.com](http://www.fbctomsriver.com)  
Phone - (732) 349-0745

## PINELANDS REFORMED CHURCH

898 State Hwy. 37 West,  
Toms River, N.J. 08755  
Sunday Worship 10:00 a.m.  
Wednesday Prayer Service 9:00 a.m.  
(732) 349-7557

## FIRST UNITED METHODIST CHURCH OF TOMS RIVER

129 Chestnut St. and Old Freehold Rd.  
Toms River  
Sunday Worship - Contemporary 9 am  
Traditional 10:30 am  
Rev. Dr. Ed Davis, Pastor  
Phone: 732-349-8155

## ST. JOHN'S R.C. CHURCH

619 Chestnut St., Lakehurst, N.J.  
Saturday Masses 4:00 p.m. (Hearing  
Impaired)  
and 7:00 p.m.  
Sunday Masses 9:15 and 11:00 a.m.  
Daily Mass Mon.-Fri. 8:00 a.m.  
Rev. Bernard Keigher, Pastor  
Phone: (732) 657-6347 for times of ser-  
vices.

## THE PRESBYTERIAN CHURCH OF TOMS RIVER

1070 Hooper Ave  
Toms River, N.J. 08753  
Phone: (732) 349-1331  
Rev. Robby Ytterberg  
Times of Service: Saturday 5PM  
Sunday - 9:30AM & 10:30AM

## THE SALVATION ARMY

1738 Hwy. 37 East, Toms River  
Sunday Worship at 10:00 a.m.  
Captains Heather & William Garrett  
Phone: (732) 270-8393

## CHRIST EPISCOPAL CHURCH

415 Washington St., Toms River  
732-349-5506  
[www.ChristChurchTomsRiver.org](http://www.ChristChurchTomsRiver.org)  
Handicap Accessible, Hearing Assistance  
Sunday Holy Eucharist 9:45 am (English);  
12:00 pm (Spanish/Bilingual)  
Wednesday Holy Eucharist &  
Healing Prayers: 10:00 am  
Friday Morning Prayer: 7:00 am

## THE CHURCH OF GRACE AND PEACE

1563 Old Freehold Rd., Toms River, N.J.  
08755  
Sunday Morning Services: 8:30 & 10:30  
a.m., Wednesday Evening Service 7:00  
p.m.  
Phone: (732) 349-1550  
[www.graceandpeace.org](http://www.graceandpeace.org)

## UNITARIAN UNIVERSALIST OCEAN COUNTY CONGREGATION

431 Route 9  
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Lanoka Harbor  
Sunday Service - 10:30 am  
Rev. Julie Newhall  
(732) 639-1674  
[www.uuocc.org](http://www.uuocc.org)

## LAKEHURST PRESBYTERIAN CHURCH

Orchard & Union Streets, Lakehurst, N.J.  
08733

Worship 10:00 a.m. - Church School -  
All Ages - 9:00 a.m.  
Pastor: Rev. Caryle Aitken Wilkie  
Phone: (732) 657-5211

## HOLY CROSS LUTHERAN CHURCH

1500 Hooper Ave.  
Worship: Saturday 5:30 p.m.,  
Sunday 9:15 a.m. & 11:15 a.m.  
Rev. Susan Jones, Pastor  
Phone: (732) 255-4455

## OCEAN COUNTY BAPTIST CHURCH

1380 Old Freehold Road, Toms River  
Sunday Morning Worship: 8:30 a.m. &  
11:00 a.m.  
Sunday Evening: 6:00 p.m.  
Wednesday Worship: 7:00 p.m.  
Rev. Michael A. Weigel, Pastor  
Phone: (732) 341-5005

## ST. PAUL LUTHERAN CHURCH

Routes 9 and 166, Beachwood, N.J.  
Sunday Worship: 9:00 a.m. & 11:00 a.m.  
Church School and Adult Forum: 9:00 a.m.  
Holy Communion: 1st and 3rd Sundays  
Rev. Peter M. Hartney, Jr., Pastor  
Rev. C. Paul Strockbine,  
Pastoral Assistant  
Phone: (732) 349-0871

## REDEEMER LUTHERAN CHURCH OF MANCHESTER

2309 State Hwy. 70 East, Manchester, N.J.  
08759  
Saturday Services 5:00 p.m.  
Sunday Worship 8:00 and 11:00 a.m.  
Sunday School & Bible Class 9:30 a.m.  
Phone: (732) 657-2828

## CROSSROADS BAPTIST CHURCH

201 Brown Ave., Lakehurst, NJ 08733  
Sunday School - 9:45 am  
Sunday Morning Service - 11:00 am  
Sunday Night Service - 6:30 pm  
Wednesday Service - 6:30 pm  
Pastor Jeff Knight  
(732) 657-7784  
[www.crossroadsbaptistchurchnj.com](http://www.crossroadsbaptistchurchnj.com)

## ST. ELISABETH'S CHAPEL-BY-THE-SEA (EPISCOPAL)

5 Third Avenue, Orley Beach, NJ  
732-830-0450  
Sunday services & Sunday School - 9:30  
a.m. (Sept. - May)  
Summer services: Sat (guitar) 5:30 p.m.  
Sunday 8:00 am & 9:30 a.m.

Nobody told me  
that when you  
get a husband  
the ears are sold  
separately.



## CROSSWORD ANSWERS

1	C	O	P	P	E	R			7	M	E	T		10	P	A	L				
13	A	R	R	O	Y	O			14	T	A	X	I		15	A	B	A			
16	V	I	O	L	E	T			17	R	I	P	S		18	N	O	D			
19	E	N	D	I	T				20	G	A	L	E	S		21	E	V	E		
							22	C	O	M	I	C			24	C	U	L	L	E	N
26	T	O	T	E					29	A	R	K			30	T	E	A			
31	W	A	I	F					32	S	L	A	B		34	S	U	N	U	P	
38	O	T	T	O					39	H	I	N	E	S							
42	S	H	O	R	T				44	E	D	G	Y		45	D	D	A	Y		
									46	C	H	A			48	F	E	N			
50	S	T	R	E	E	P								53	I	T	C	H	Y		
55	W	O							56	R	I	S	E	S		58	A	L	L	I	N
62	A	R	M						63	M	E	A	L		64	T	R	I	A	G	E
65	B	S	A						66	A	C	I	D		67	B	E	S	T	O	W
68	S	O	N						69	L	E	D			70	A	S	T	E	R	S

## Trivia Answers

- |               |                      |
|---------------|----------------------|
| 1 Umbrellas   | 4 Theodore Roosevelt |
| 2 David Bowie | 5 Kroger Co.         |
| 3 Joan of Arc | 6 Rome               |

## ON GOING WALK IN SERVICES AVAILABLE EVERY DAY

**Passport Services:** Application Process, Passport Photos (\$10.00) Notary Service, Monday –Saturday  
10am-8:30pm and Sundays 11am to 5pm

**Senior Services:** Representative available Monday – Friday 10am-5pm

**Surrogate Services:** Representative available Monday – Friday 10am- 4pm

**DOG PARK:** Program is coordinated through the Ocean County Parks and Recreation Department. The Off Leash program runs from January to December. Registration fee for Off-Leash Dog Run is (\$5.00) per dog. License from municipality is required in order to register.

**Other Services available:** Tourism Information, Ocean Ride Bus Schedules, Recycled Cell phone, Drop off Worn American Flags, Voter Registration & Vote by Mail Applications, Ocean Ride Bus Schedules, Ocean County Library Book Drop Off, Ocean County College and Vo-Tech Schedules.

County Connection, JC Penney's Wing, Ocean County Mall

Ocean County Board of Chosen Freeholders

John P. Kelly, County Connection Liaison

\* Joseph H. Vicari, Freeholder Director \*John C. Bartlett, Jr. Freeholder Deputy Director \*

\*James F. Lacey Freeholder \* Gerry P. Little Freeholder\*



# IMPORTANT CONTACTS

## Emergency:

First Aid, Fire or Any Emergency : 911  
Berkeley Township Police : 732-341-6600  
Ocean County Sheriff : 732-929-2044

Berkeley Recreation Dept. 732-269-4456  
Community Medical Ctr.: 732-557-8000  
Gas Leaks: 800-427-5325  
Poison Control: 800-222-1222

## Government:

Social Security Branch Office: 800-772-1213  
Animal Control: 732-797-1413  
Ocean County Office of Senior Services: 732-929-2091  
Board of Health: 732-341-9700

Motor Vehicles: 888-486-3339  
NJ Auto (DMV): 609-292-6500  
NJ Dept Consumer Affairs: 732-929-2105  
Toms River Post Office: 732-349-0710

## Utilities:

Cable TV, Comcast: 732-286-2971  
Electric, JCP&L: 800-662-3115  
Electric Power Out: 800-545-7738  
Garbage, Berkeley Sanitation: 732-349-4616  
Phone, Verizon: 800-837-4966  
Do Not Call - Stop Telemarketing: 888-382-1222

Gas, N.J. Natural Gas Co.: 800-221-0051  
Gas Leaks: 800-427-5325  
Sewer, Berkeley Sewer: 732-269-3500  
Water, United Water: 732-349-0227  
Lifeline Utility Bill Support: 800-792-9745

## Transportation:

Ocean Ride: 732-736-8989  
Berkeley Outreach: 732-244-9600

Veteran's Transport: 732-929-2096

## Community:

Caregivers of Central Ocean County: 732-505-2273  
County Office of Senior Services: 732-929-2091  
Nursing Home Complaint Hotline: 800-792-9770  
Senior Information Referral Service: 800-792-8820  
Holiday City Berkeley: 732-341-5707  
Holiday City Carefree: 732-349-1050  
Holiday City West: 732-240-4422  
Holiday City Heights: 732-244-8686  
Holiday City South 732-341-8900

Medicaid Hotline: 800-633-4227  
PAAD/Senior Gold: 800-792-9745  
Meals on Wheels: 732-367-1400  
Silver Ridge North: 732-286-4868  
Silver Ridge East: 732-505-1081  
Silver Ridge West: 732-244-1484  
Silver Ridge Westerly: 732-341-6153  
Westerly Computer Club: 732-286-0572

## Berkeley Township:

Berkeley Township Townhall: 732-244-7400

This is a Berkeley Township ordinance.

## Berkeley Recycling Center

(Resident Dropoff Center)  
Public Works Dept., Pinewald-Keswick Rd.  
Hours: M-F 8 a.m. - 3:30 p.m.  
S-S 9 a.m. - 2 p.m.

Hazardous materials have a special drop off day or you  
can call the Public Works Dept. 732-349-4616

## Garbage Pick-Up

Garbage and trash are NOT to be placed outside prior  
to 4:00 p.m. the night before pickup.

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13VH09418600

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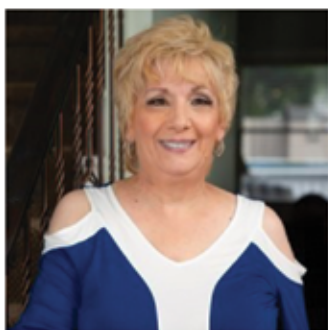


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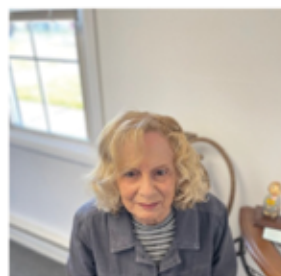
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