



MAPLETON

News & Views

JULY 2026



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Board of Trustees

Board members – George Spanos, Vice-President; Lena Spinneweber, President; Marty Brown, Treasurer; Maureen Mealey, Secretary; Bob Ruczynski, Member-at-Large

COMMITTEES

Committee	Chairperson(s)	Meeting Day/Time
Architectural Control	Frank Spinneweber	Second Monday, 9:30 a.m.
Finance	Joe Reardon	Last Wednesday, 9:30 a.m.
Grounds	Fred Cain	Fourth Monday, 9:30 a.m.
Judiciary	Tom Diveley	As necessary
Newsletter	Lil Johnson / Leslie Roche	Varies
Recreation	Ron Kutz / Patti West	Third Tuesday, 6:45 p.m.
Social	Debee Gash / Debbie Rupp	Third Monday, 9:30 a.m.

Newsletter Committee – Alan Abramowitz; Linda DeLoretto; Anne Egan; Gary Johnson, Graphics Editor; Lil Johnson, Co-Editor; Doris Kuegler; Gail O'Brien; Leslie Roche, Co-Editor; Carol Schierbaum; Bill Walters.

Send items to mapletonnewsletter@gmail.com. Alternatively, items may be left with the Property Administrator. Photographs may be submitted as prints or emailed.

- The Newsletter Committee may reject any material deemed inappropriate or unsuitable. The committee will edit submissions for clarity and focus, but will make every effort to maintain the writer's concept and meaning. It is our longstanding policy to include only original material written by residents and never to include printed matter from any print or non-print media source.
- The opinions expressed are not necessarily those of the committee or the Board of Trustees, nor is article content necessarily endorsed by the Board of Trustees or in compliance with the official *Resident Handbook*, *CER's (Declaration of Covenants, Easements and Restrictions)* or *Bylaws*.
- The committee disclaims all responsibility for goods and services advertised.

Community Website and Email Information – The address for the *community email group* is fourseasonsmapletonhoa@googlegroups.com. Resident directories, *Resident Handbook*, and other files of interest to residents are located at www.fourseasonsatmapleton.com.

Advertising by Senior Publishing Company (888-637-3200).

03June26



Board of Trustees Meeting Minutes

April 21, 2026

A meeting of the Four Seasons HOA Board of Trustees was held on April 21, 2026. In attendance were: George Spanos, Marty Brown, Maureen Mealy, and Joe Rupp. Also present was Dani Kurczeski, Property Manager. Absent: Lena Spinneweber. The meeting was called to order at 10:16 a.m. by George Spanos, Board President.

Treasurer's Report – March's financial figures were received from Premier Management and will be reviewed by the Finance Committee on April 24. The preliminary results are better than budget due to lack of snow in the month of March.

Reservation Forms – A motion was made by Maureen and seconded by Joe to approve several reservation forms. Yes-4, No-0.

Re-Sale Forms – A motion was made by Marty and seconded by Maureen to approve re-sale forms for 31 Harrington. Yes-4, No-0.

Houses For Sale – There are currently five houses for sale: 2 Ash, 2 Mulberry, and 1 Cottonwood.

Various Committee reports were acknowledged.

The meeting was adjourned at 10:34 a.m.

Joseph Rupp, Board Secretary

Meeting Minutes

May 19, 2026

A meeting of the Four Seasons HOA Board of Trustees was held on May 19, 2026. In attendance were: Lena Spinneweber, George Spanos, Marty Brown, and Maureen Mealey. Also present was Dani Kurczeski, Property Manager. Absent: Bob Ruczynski. The meeting was called to order at 12:00 p.m. by George Spanos.

Treasurer's Report – April's financial figures were received from Premier Management and will be reviewed by the Finance Committee on May 27. The preliminary results are better than budget.

Minutes – A motion was made by Marty and seconded by Lena to approve the minutes of May 5, 2026 as amended. Yes-4, No-0.

Reorganization –

- A motion was made by George to nominate Lena as Board President and seconded by Maureen. Yes-4, No-0.
- A motion was made by Marty to nominate George as Vice President and seconded by Maureen. Yes-4, No-0.
- A motion was made by Lena to keep Marty in the position as Treasurer and seconded by George. Yes-4, No-0.

- A motion was made by Lena to nominate Bob as Member-At-Large and seconded by Maureen. Yes-4, No-0.
- A motion was made by George to nominate Maureen as Secretary and seconded by Lena. Yes-4, No-0.

Reservation Forms – A motion was made by Lena and seconded by George to approve the one reservation form. Yes-4, No-0.

Resales – There are currently eight houses on the market – 2 Ash, 3 Birchwood, 1 Captiva Loft, 1 Mulberry, and 1 Cottonwood.

Age Verification Form – A motion was made by Marty and seconded by Lena to approve age verification forms for 17 Barbary. Yes-4, No-0.

Google Groups – A motion was made by Lena and seconded by Maureen that all email correspondence include full name, either in the body of the email or the email address. Yes-4, No-0.

Resident Request – A motion was made by Lena and seconded by George to defer the resident request until reviewed by our attorney. Yes-4, No-0.

The meeting was adjourned at 12:36 p.m.

Maureen Mealey, Board Secretary

Four Seasons at Mapleton Homeowners Association

Statement of Revenues and Expenses

April 2026 Results (Unaudited)

	Month of April		Four Months Ended April 30	
	<u>Actual</u>	<u>Budget</u>	<u>Actual</u>	<u>Budget</u>
REVENUES				
HOA Fees	\$ 136,960	\$ 136,960	\$ 547,840	\$ 547,840
Other	10,432	10,505	37,225	34,175
Total	147,392	147,465	585,065	582,015
EXPENSES				
General & Admin	7,328	7,066	25,641	28,414
Personnel	158	158	632	633
Maintenance	1,915	5,095	18,650	13,395
Clubhouse/Pool/Rec	4,595	2,255	8,665	8,680
Utilities	11,885	7,793	37,083	34,212
Contracts	91,912	91,613	422,886	324,421
Contrb/Transfer	27,678	29,465	117,368	116,024
Total	145,471	143,445	630,925	525,779
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	<u>\$ 1,921</u>	<u>\$ 4,020</u>	<u>(\$45,860)</u>	<u>\$ 56,236</u>

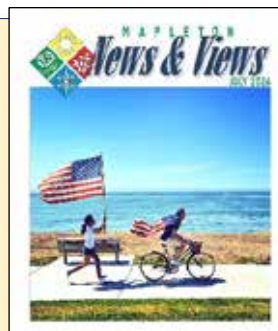
Revenue is primarily from HOA monthly fees and does not vary significantly from month to month. It is difficult to forecast when certain expenses will occur, therefore actual and budget amounts may differ as we move through the year.

The April Year-To-Date Contracts Expense includes the costs of snow plowing, salting and sidewalk clearing as a result of the significant snowfalls during January and February. There were no snow-related expenses incurred during the month of April. The April Year-To-Date Snow Removal Expense was \$195,332 versus the budgeted amount of \$95,000.

This statement is unaudited, and thus certain income and expenses may be reclassified after the annual audit. The Finance Committee reviews the Income and Expense Statement, the Balance Sheet, the Operating Expense Journal Entries, and other

financial data. The Finance Committee reports to the HOA Board of Trustees and assists them in preparing the annual budget. The data presented above is in summary form for the information of the homeowners.

Submitted by The Finance Committee



Extra Copies

Additional copies of the current issue of *News & Views* are in the library and lobby. The current issue is under the HOA Portal's DOCUMENTS tab. And there are past issues in the library.

Indoor Pool, Outdoor Pool, Sauna, and Spa

Access cards are required for entry into both Pools, Sauna and Spa. They are for the exclusive use of the resident to whom they were issued and may not be loaned to anyone.

POOL HOURS are posted by the Pools and on the Community Website. They are:

- Indoor Pool: 6:00 a.m. – 10:00 p.m. daily
- Outdoor Pool: Memorial Day Weekend (Saturday) – 1 week past Labor Day 6:00 a.m. – 8:00 p.m. daily

Residents and accompanied guests must adhere to the following rules:

A) CHILDREN

- Children under the age of 16 years are permitted to swim in the Outdoor Pool from 10:00 a.m. – 2:00 p.m. only. Exceptions may be made and announced by the Board;
- Children under the age of 16 years are permitted in the Indoor Pool any time after 12:00 p.m.;
- Children between 4 and 16 years of age must be supervised by a resident, the age of 19 years or over, at all times;
- Children under the age of 4 are not permitted in the Pools or Spa at any time; and
- No one under 16 years of age is permitted to use the Sauna or Spa.

B) ACCOMPANIED GUESTS

- No more than four (4) accompanied guests, including children, are permitted at any pool, sauna or spa by any one household;
- Residents are responsible for the behavior of their accompanied guests; and
- Residents must accompany their guests at all times. NO exceptions will be made.

C) HEALTH AND SAFETY

- Overhead lights must be on during use in the dark.
- Residents who open doors are responsible for closing the doors.
- No one wearing a diaper or rubber pants will be permitted in the Pools or Spa at any time;
- Diving, jumping, running, horseplay, sitting on Pool steps or ladders, or use of rafts, balls, or skin-diving equipment is prohibited in any Pool or Spa;
- Food with the exception of hard candy/mints, is prohibited within the Indoor or Outdoor Pool enclosures;
- Glass containers are prohibited within the Indoor or Outdoor Pool enclosures;
- The Spa may be particularly dangerous to certain persons, including young children and pregnant women. Those suffering from heart

disease, diabetes, high or low blood pressure, or those using prescription medications must not enter the hot tub or Sauna without prior medical consultation and permission from their doctor;

- All persons must shower before entering the water;
- The Board of Health and state sanitary code rules are posted on-site and are maintained by the Management staff and the Pool management company;
- All persons must immediately vacate both Pools and Spa from the time the first sign of thunder or lightning is detected until ½ hour after the last thunder is heard;
- Alcohol consumption is prohibited while at both pools. Anyone under the influence of alcohol, anticoagulants, antihistamines, vasoconstrictors, stimulants, hypnotics, narcotics, or tranquilizers is prohibited from using the Pools, Spa or Saunas;
- Long exposures in the Spa or Saunas may result in nausea, dizziness or fainting. Excessive or prolonged exposure to the sun may also cause mental or physical disorientation. All necessary precautions must be taken to prevent such conditions from occurring; and
- All residents and guests swim at their own risk. No one should swim alone.

D) GENERAL

- Proper bathing attire must be worn in the Pools or Spa. Cutoffs are not permitted;
- With the exception of the hallway leading from the locker rooms to the Indoor Pool, wet bathing suits and bare feet are not permitted in the clubhouse. Cover-ups must be worn in these areas at all times. Emergency bathroom needs are the only exception to this policy;
- Aquatic dumbbells, arm floats “noodles” and safety vests are permitted. Use of kickboards is permitted in the Indoor Pool only;
- Dressing or undressing is prohibited in Pool areas. The dressing/locker rooms must be used for this purpose;
- Pool furniture may not be reserved and must be returned to its original place if moved. After use, umbrellas must be closed;
- Loud volume from radios, tapes or CD players is not permitted in Pool areas;
- Residents and accompanied guests are required to clean up after themselves before leaving the Pool areas;
- Any resident or accompanied guest whose action requires the Pools or Spa to be drained will incur the costs involved, as well as any other disciplinary action imposed by the Board.

Four Seasons at Mapleton HOA Snow Removal Budget Update & Special Assessment Notice

Dear Homeowners,

The January and February snowstorms significantly exceeded the Association's snow removal budget. Although the 2026 snow budget was set at \$125,000, these severe and frequent storms fully depleted those funds. As a result, the Association utilized \$70,171 from the Snow Reserve Fund to cover the additional expenses.

Year-to-date, the Association is reporting a loss of \$49,042, compared to a budgeted profit of \$52,217, resulting in a negative variance of \$101,259. This variance is directly attributable to two major snow events that cost approximately \$195,000, compared to the \$95,000 budgeted for this period.

To maintain the Association's financial stability and adequately prepare for future winter events, it is necessary to restore the Snow Reserve Fund.

Special Assessment

The Finance Committee has recommended, and the Board has approved, a special assessment totaling \$102,720, which equates to \$240 per home.

This assessment will:

- Restore the Snow Reserve Fund to pre-storm levels
- Provide funding for any additional snow events during the remainder of 2026, including November and December

Payment Clarification

The assessment will be charged at \$80 per month, in addition to regular monthly dues, over a three (3) month period beginning in June, for a total of \$240.

Payment Options:

- Pay the full \$240 amount immediately, or
- Make three (3) monthly payments of \$80 (June, July, and August)

Payment Details

Homeowners currently enrolled in ACH (Automatic Bank Withdrawal) through Premier Management will have the \$80 monthly assessment automatically withdrawn along with their regular monthly maintenance payment.

Homeowners who pay through their bank's bill pay service or via e-check through First Citizens Bank must update their payment amount to include the additional assessment.

All payments may be included with monthly payment amount and must be submitted to the same lockbox address used for regular monthly dues.

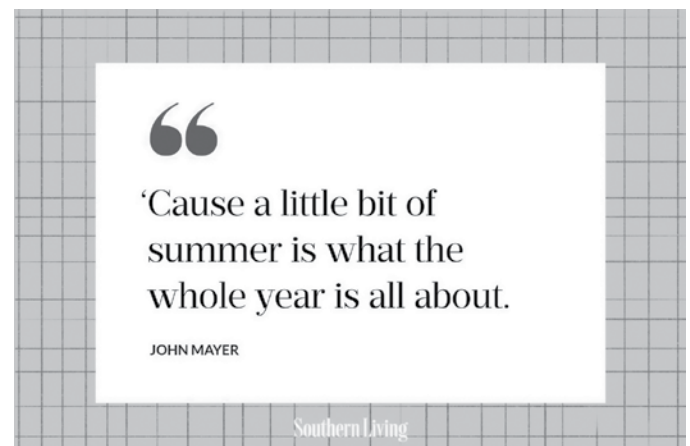
Additional Information

- Late fees will apply to any outstanding balances in accordance with the Association's governing documents.
- Homeowners interested in enrolling in ACH (Auto Pay) may do so by completing the required paperwork or by visiting the community website: fourseasonsatmapleton.com



We appreciate the community's understanding as the Association addresses the financial impact of this winter's severe weather while continuing to maintain safe and accessible conditions for all residents.

*Sincerely, Board of Trustees
Four Seasons at Mapleton HOA*



GUEST RULES

Residents are welcome to invite and accompany guests to use many of the amenities enjoyed at Four Seasons, provided the policies outlined in the Residents Handbook are followed.

You must accompany your guest(s) at all times, and you are responsible for the behavior of your accompanied guest(s). Make sure before using an amenity that you and your guest(s) are familiar with and adhere to all of the policies and rules applicable to that amenity. For example:

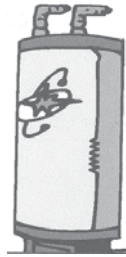
- Clubhouse hours are 5:00 a.m. to 11:00 p.m.
- Up to two accompanied guests per household are permitted in the multi-purpose room.
- Up to four accompanied guests per household are permitted at any pool, sauna, or spa; the bocce courts; the pickleball courts or the quoit pit. Accompanied children between 4 and 16 years of age may use the indoor pool after 12:00 p.m., and the outdoor pool, when in season, between 10:00 a.m. and 2:00 p.m.
- Only one accompanied guest per household is permitted in the fitness room, the billiards room, card rooms, theater or library.
- There are various age restrictions for using different amenities – research and know them before you go.
- You and your accompanied guest(s) must follow all rules applicable to each amenity. For example, in the clubhouse, coats should be hung in the coatroom and lights should be turned off in a room if you are the last person using that room. Again, look up the rules before you go.

The rules and policies about using the various amenities, as well as those about guests, can be found in the Residents Handbook.

Four Seasons at Mapleton HOA Inc.

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Social Committee Events



- Jul 4 Independence Day Party, 4 p.m., \$35/pp
 - Jul 6 Event Sign-ups, 7 p.m.
 - Jul 17 Casual/Music Friday, 6 p.m., \$2/pp
 - Jul 23 AC bus, Mamma Mia, \$90/pp
 - Jul 29 Medieval Times bus trip, \$115/pp
 - Aug 7 Casual/Music Friday, 6 p.m., \$2/pp
 - Aug 16 Pool Party
 - Sep 4 Casual/Music Friday
 - Sep 11 Maggie Worsdale - Music from 1976, \$25/pp
 - Sep 24 AC trip with Tribute to Elvis show July sign-up, \$90/pp
 - Oct 6 *Send Me No Flowers* show at Hunterdon Hills Playhouse, \$135/pp
 - Oct 13 Chocolate Factory Tour, \$151/pp
 - Dec 3 American Music Theatre *Winter Wonderland*, Aug sign-up, \$146/pp
- See page 30 for Reservation Forms*

Social Committee Event Sign-up Rules

If you plan to sign up for an event, it is important to remember a few rules.

1. Please note that no checks or reservation forms will be considered prior to the scheduled sign-up date.
2. A separate check payable to Mapleton Activities and a reservation form are required for each event.
3. After the sign-up date, you may bring your check and reservation form to the office. If the event is filled, you will be placed on a wait list.
4. At sign-up night, one household may bring a check and reservation form to sign-up for one additional household.
5. Each person will be given a number when arriving. Those who arrive earliest will be given the first numbers, and numbers will be handed out accordingly. Sign-up will commence at 7:00 p.m. Please be aware of the refund policy located at the bottom of the reservation form.



Our Four Seasons at Mapleton community cordially welcomes our newest residents. We hope to meet them at some of our upcoming events.

- Bernice Fajgier, 15 Harrington Dr
- Donald and Connie Rothman, 31 Harrington Dr
- Michael and Brenda Ritchie, 4 Ellington Dr

Tropicana Atlantic City Trip

We will be going to Tropicana on Thursday, September 24. Our package includes \$25 slot play, \$20 food credit, and a show ticket for the *Aloha from Vegas Elvis Tribute Show*.

Get ready to rock and roll, Vegas-style, as we head to Tropicana Atlantic City for this electrifying show! Experience the legendary music and iconic moves of the King of Rock and Roll, as this captivating performance transports you back to the golden era of Elvis's iconic Vegas concerts. With all his greatest hits and unforgettable stage presence, it's a show that will have you all shook up!



Sign-up for this trip will be Monday July 6. Please bring a completed Four Seasons at Mapleton Activity Reservation Form (found in *News & Views*) with your check made payable to Mapleton Activities.

Our cost with the bus, show ticket, \$25 slot play, and \$20 food credit, is only \$90. Please indicate on the sign-up form any special accommodations you may need. We will try our best to accommodate you.

For questions, contact the coordinator of this trip, Barbara Ocello at bocello1147@gmail.com.

This is a Social Committee sponsored event.

Submitted by Barbara Ocello

Annual Blood Drive

The Four Seasons at Mapleton Blood Drive will be held on Friday, July 31 from 12-5 p.m. The Civic Association is sponsoring this event and we are asking anyone that is able to give blood to donate. To make an appointment go to [← redcross.org](http://redcross.org). Enter zip code 08022 and July 31, then our blood drive info will be listed with available times. Be a Hero and Donate!



Give blood. Get rewarded. Receive a free Fandango Movie Reward by email and enjoy a movie on us. To apply, go to rcblood.org/July. →



*Contributed by Pat Culkin,
Civic Association*



Oh, You Better Watch Out ...

for an upcoming Social Committee event

- Who?** Our Four Seasons Social Committee invites you to –
What? A trip to the American Music Theatre
When? Thursday, December 3, 2026
Where? Lancaster, PA
Why? To see the outstanding 2026 Holiday Production, *Winter Wonderland*.



Please note the date on your calendar and join us for this year's magical show, *Winter Wonderland*. The dazzling production will take you on a charming journey from Bavaria to the North Pole. A talented cast, along with a live orchestra, are sure to bring you enjoyment and, also, welcome you into the Holiday Season.

Our lunch will be at the well-known Shady Maple Smorgasbord, offering an extensive and delicious menu – you will never leave hungry! Prepare for a full day of pleasure.

Transportation will be provided by motor coach. The package price is \$146/person and includes tax and meal gratuity. Coordinated by Sue Fegely and Kerry Peters, please email Sue at rfegely@verizon.net with any questions.

Please remember the sign-up date on August 3.

Contributed by Sue Fegely



Motown Night

August 15

All of your favorite Motown songs played by our own DJ Chuck Gash.

Music and dancing start at 7 p.m.

Cost: \$12/pp. A *single* resident may bring a date.

Please bring all of your own food and drink, including cups, utensils, etc. Table snacks and dessert will be provided.

More details to follow in the future.

*This is not a Social Committee event
Contributed by Joe Rupp*



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July 2026

Here we are in the Good Old Summertime!
Half-way through the year.
We have some upcoming events
That we are excited to share.

We'll start it off on the Fourth of July!
With a barbeque, music and fun.
Then comes another Casual/Music Friday
Better than even the last one!

Off to AC we go to see *Mamma Mia*
Plus, lunch, slot play and the tribute show.
Followed by the bus trip to Medieval Times,
Hope you have signed up to go.

For many who may not travel too far.
There are still things to do at home.
The pool is open to bask in the sun.
And it's not even far to roam!

Each month there are changes
Happening in our neighborhood.
Oldtimers leave or move away,
New ones move in and that's good.

It's a great place to live
Here at 4Sam
Been here 22 years
And glad that I am!

Doris Kuegler

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**Our Gang
Tentative
Calendar
2026**

- Jul 13 Waffles and Ice Cream Party
- Aug 23 Cooper's Riverview

*Contributed by the Our Gang Board,
Kay Kelley, Ethel Godsil, Linda Rosenthal, and
Debbie Rago*

Crossword

ACROSS

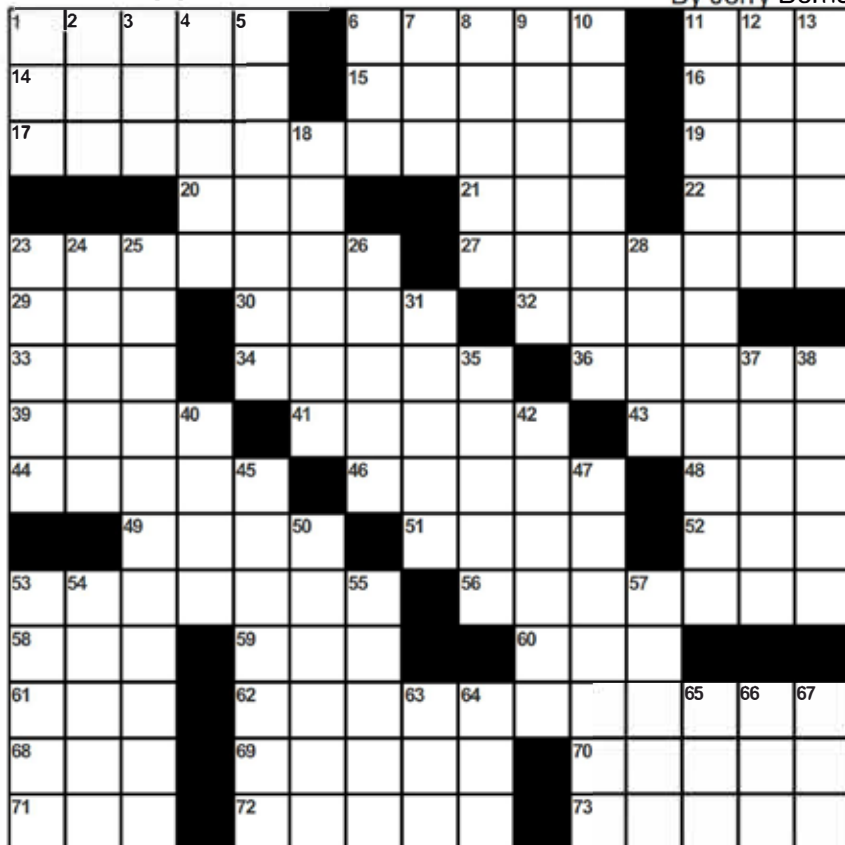
- | | |
|--------------------------------------|--------------------------------------|
| 1) Hairdos | 43) Folklore monstrosity |
| 6) Led off | 44) 100,000 make a newton |
| 11) Gridlock component | 46) Back-up sounds |
| 14) Alternative to bottled | 48) Shoot the breeze |
| 15) Arctic dwelling | 49) "Able to ___ tall buildings ..." |
| 16) Feel regret over | 51) Edible tuber of Polynesia |
| 17) Sellers of illegal alcohol | 52) Superlative suffix |
| 19) Hard to explain | 53) Christmas tree sheddings |
| 20) Emulate a bunny | 56) False fronts |
| 21) Snacked | 58) Special-interest grp. |
| 22) "Dear" mister | 59) Crater creator, perhaps |
| 23) Living in water | 60) Barely defeat |
| 27) Grandeur | 61) Compass reading, sometimes |
| 29) It's certainly not a show dog | 62) In a disgraceful way? |
| 30) "Happy" mollusk | 68) A, in Berlin |
| 32) Kind of food or mate | 69) Not just "no!" |
| 33) Vicksburg combatant, briefly | 70) Auto contract, sometimes |
| 34) Old rail riders, stereotypically | 71) Knight or Nugent |
| 36) Animal variety | 72) Garbo of "Ninotchka" |
| 39) It was Persia | 73) "___ of Iwo Jima" |
| 41) Black-clad teens, often | |

DOWN

- 1) Picnic discard, sometimes
- 2) Lady associated with the Beatles
- 3) "Am ___ believe ...?"
- 4) Jazzy Earl Hines' nickname
- 5) Large irregular spot
- 6) Above average in size
- 7) Coop ovoid
- 8) Faint flicker
- 9) Main arteries
- 10) Rhinoplasty
- 11) How Buddha sits
- 12) Attend a class for no credits
- 13) Remove more moisture from
- 18) Concluding speech (var.)
- 23) Bitter-tasting
- 24) Ask
- 25) Bit of modern folklore
- 26) One spelling for a meal on a skewer
- 28) 100 cents, somewhere
- 31) Short choral composition
- 35) Bundle of grain
- 37) Delete, as messages
- 38) Mortgages, e.g.
- 40) "No ___ to apologize"
- 42) Pounced
- 45) Preserving, as pork
- 47) Tea parties, e.g.
- 50) Author
- 53) Group of nine
- 54) A Muppet
- 55) Martin of comedies
- 57) Breathing problem for heavy sleepers
- 63) Allow
- 64) The-lower-the-better pitching stat
- 65) Thing acquired on a beach
- 66) "Acid" drug
- 67) "All right!"

FOUR-LEGGED RACE

By Jerry Berns



Solution is on page 27

Jimmy's Gardening Tips

The Amazing History of Princeton Nurseries

As I do my exercise walks throughout the community, I always notice the beautiful mature street trees that cool our homes during the heat of the summer. Many of these trees were “patented” by Princeton Nurseries, once headquartered in Kingston, NJ. At their peak of over 1,000 acres, and 300+ workers, they were once the largest commercial nursery in the United States! The trees I notice are the ‘October Glory’ Red Maple, the ‘Green-spire’ Linden, the ‘Green Vase’ Zelkova, and the ‘Shademaster’ Honeylocust, all patented by Princeton nurseries. The Princeton Elm, Princeton Sentry Gingko, Crimson King Maple, and Snow Queen Hydrangea are a few of the multitudes of varieties patented by this historic nursery.

Now for their fascinating history: Princeton Nurseries began as F&F Nursery in Springfield Township in Union County in 1911. William Flemer Sr. felt Union County was developing at such a rapid pace that he needed far more acreage. William considered locations in eastern Pennsylvania, Long Island, and Maryland's eastern shore that all had excellent soil conditions for nursery production. He decided on the Princeton, NJ area due to the proximity to the Pennsylvania Railroad and the Delaware & Raritan Canal (which was in full operation at the time.) These were the best avenues of transportation at the time.

As the Princeton area began to develop, William Flemer Jr. began to amass land in the 1960's in the Upper Freehold/Allentown, NJ area. Eventually the headquarters moved to its final location in Upper Freehold. Princeton nurseries sadly ceased operations in 2010, almost 100 years after it began. A moving speech by William (Bill) Flemer, IV, whom I knew quite well, marked the end of an era for the Flemer family in the nursery business.

The Princeton Nursery's significant contribution to the history of commercial horticulture is still preserved in the Mapleton Preserve, a 53-acre *jewel* in



Kingston, NJ. South Brunswick Township joined forces with Green Acres to save this precious remainder of the nursery from development, safeguarding its historic buildings and wildlife habitat. Today, greenhouses and other structures still stand as reminders of the land's vibrant past. The restored nursery office serves as headquarters for the Delaware and Raritan Canal State Park.



Mapleton Preserve greenhouses

Growing up in the 50s and 60s in my parents' garden center in Menlo Park, Princeton Nurseries was one of our main suppliers of trees. We would purchase all the deciduous trees “bare root” in March and pot them up in wooden bushel baskets.

We didn't have “potting soil” back then, just plain old dirt. My uncle, Pasquale, would hold the tree centered in a bushel basket, while nephew Jimmy (me) would shovel the dirt to complete the job. Customers could plant bushel and all into the ground without any shock as the bushel would eventually disintegrate. We



Burlapped trees

also purchased many burlapped evergreens, like yews and hemlock, from Princeton. They were outstanding growers as it was extremely rare that a customer would lose a tree that originated from Princeton.

If they did, they probably had never bothered to water it.

Next month I'll get back to gardening ideas, but just thought a bit of history would be a nice change of pace. Any ideas for new articles or garden questions, *don't be shy!* Contact me at jimmythegarden-guy@icloud.com.

Happy Gardening and let's plant something!

Contributed by Jimmy Shepard

Where Are You Dining?

Bel Forno Pizza

At the recommendation of our neighbors, the Diveley's, we decided to try the pizza at Bel Forno Pizza in Burlington. So, we gathered up a few other neighbors and headed to Bel Forno for a pizza night.



It is a family-owned, wood-fired pizzeria and you can smell the aroma the minute you pull into the parking lot. The owners formerly

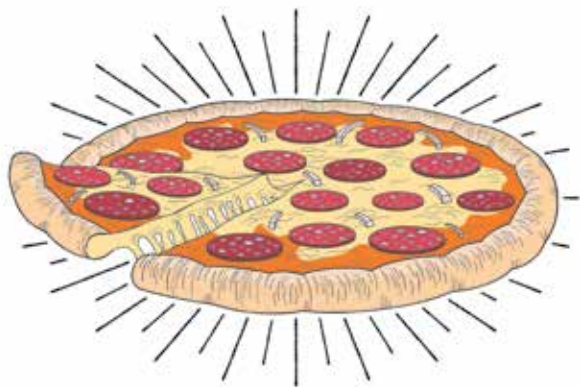
owned The Vault in Bordentown and Pete and John's as well as Wanna Pizza This. We are glad they found their way back to Burlington.

The menu included personal pan pizzas as well as large pies. We all ordered different pies so we got to see, as well as taste, a few different ones. I had the buffalo mozzarella pizza, Al had the Calabrese pizza, Terry and Stan had the Marguerite pizza, Chrissy had the fig and prosciutto pizza. We enjoyed all. Luke, our waiter, who happened to be the son of the owner, said the fig and prosciutto pizza is their number-one seller. They offer many kinds of pies, so be prepared. Also offered were soft drinks as it is a BYOB. Sandwiches, subs, pasta, dessert, and appetizers are also available at reasonable prices.

We all decided that we would return again.

Bel Forno Pizzeria is located at 1700 Columbus Road in Burlington. Their telephone number is 609-614-7791. They do not take reservations but do have take-out available.

Carol Scheirbaum



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Embarrassing Moments

Several years ago, this Inquiring Reporter asked residents to share their embarrassing moments. We received several responses but this one stood out. Rudy Ocello's response is as follows:



Rudy went to the DMV in Brooklyn to have his license renewed. Rudy, a Brooklynite, born and bred, approached the desk of a very busy clerk. He asked how he should begin the license renewal process. The clerk without looking up mumbled incoherently. Confused, Rudy again asked the same question and curtly received the same jumbled answer. And so, it began. Rudy, looking around to see if anyone understood what just happened, starts counting, "One, two, three..." The clerk puts down her pencil, turns to him and barks,

"what are you doing?". "You told me to count to ten." "I told you *Counter Ten*."

Embarrassing? A bit. Funny? Still laughing after all these years? You bet!

Have you got one you'd like to share? We at *News & Views* are all ears. If you'd like to contribute an embarrassing moment's laugh, send us an email at mapletonnewsletter@gmail.com or to me directly at jim.gobrien113@gmail.com by July 15.

Gail O'Brien

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EMBARRASSED, BUT
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Important and Interesting Events During July

1. Under President Lyndon Johnson, the Federal Medicare Program goes into effect. (1966)
2. During an unusually powerful thunderstorm in Charlestown, SC, an alligator falls from the sky. (1945)
3. Battle of Gettysburg ends in a victory by Union forces after prolonged fighting against the Confederate Army in Pennsylvania during the Civil War. (1863)
4. **Our 250th INDEPENDENCE DAY.** The Continental Congress approves the Declaration of Independence in Philadelphia. (1776)
5. Arthur Ashe defeats Jimmy Connors to win Wimbledon's tennis championship. (1975)
6. The film *Forrest Gump* starring Tom Hanks and Gary Sinise opens in theaters around the country. (1994)
7. In London, 52 people are killed when terrorists bomb the city's subway and bus transportation system. (2005)
8. President Biden announces that US forces in Afghanistan will be withdrawn by August 31. (2021)
9. President Zachary Taylor dies suddenly from cholera after only six months in office. (1850)
10. In Death Valley, California, the temperature hits 134 degrees, the highest ever recorded in the world. (1913)
11. In a thrilling FIFA World Cup Soccer Championship match, Spain defeats the Netherlands 1-0 in overtime. (1998)
12. President Eisenhower puts forward his plan to construct an Interstate Highway System. (1954)
13. New York City is crippled for 25 hours by an electrical power "blackout." (1977)
14. The French Revolution begins when Parisians storm the Bastille prison. (1789)
15. John Kennedy Jr, his wife Carolyn Bessette, and her sister are killed in a plane crash in the Atlantic Ocean near Martha's Vineyard. (1999)
16. "The Three Tenors" (Placido Domingo, Jose Carreras, and Luciano Pavarotti) perform a concert at the Dodger Stadium in Los Angeles before a television audience of 1.3 billion viewers. (1994)
17. CBS-TV announces cancellation of *The Late Show with Stephen Colbert* after running since 2015. (2025)
18. President Truman signs an executive order determining the line of succession to the Presidency: the Vice-President, the Speaker of the House of Representatives, and the President Pro Tempore of the Senate. (1947)
19. Richard Byrd and his team successfully complete their exploration of the central area of Antarctica. (1905)
20. US President Franklin Delano Roosevelt is nominated for a fourth term at the Democratic Convention. (1944)
21. Central Park in New York is created by the NYS Legislature as government puts aside 750 acres of land in Manhattan. (1853)
22. Philadelphia's Alexander Calder, sculptor and master of mobiles, has his mobile *Ghost* displayed in the Great Hall of the Philadelphia Art Museum. (1965)
23. Singer-actor Frank Sinatra's album, *Strangers in the Night*, wins the Grammy Award as Album of the Year. Sinatra also wins the award as Best Male Vocal Performer of the year. (1966)
24. Brigham Young and his Mormon followers establish a settlement at Salt Lake City, Utah. (1847)
25. The hit musical, *A Chorus Line*, opens at the Shubert Theater in NYC. (1975)
26. President George H. W. Bush signs the Americans with Disabilities Act to make public facilities accessible to the disabled. (1990)
27. Cyrus Field and his cable company successfully lay an underwater cable to connect North America with Europe by telegraph. (1858)
28. The US Senate ratifies the UN Charter. (1945)
29. Off the coast of France, the Spanish "Invincible Armada" is defeated by English naval forces. (1855)
30. Monmouth Race Track in Long Branch, NJ, opens. (1870)
31. In Havana, Cuba, Fidel Castro cedes the power of the government to his brother Raul. (2007)

Bill Walters

Bowling Banquet Blast

Not only was our Bowling Banquet terrific, it was also somewhat mysterious! How could that be? A sudden blackout in the restaurant where lights kept flickering and then total darkness was the mystery. The staff was great in quickly bringing out candles for all the tables and informing us that there was a severe storm outside that caused the electricity to shut off – for a mere hour and a half. Fortunately, the Villa Mannino had other means for their ovens to operate as our delicious hot meal was enjoyed in exciting darkness! By the way, the lights did come on just before the end of dinner.

Mike Bruno and Barbara Ocello did an outstanding job of organizing the event plus proceeding with the evening in warm candlelight. Taking pictures of those receiving awards was somewhat of a challenge, but modern technology can do wonders with poor conditions. Each award prize was \$100 except for the first and second team winners, which was \$75 each. Also, the “super subs” each received \$25 for their reliability to fill in for absentees. These prizes are quite an incentive to bowl!

We have to give Cathie Massari a big hand for thoughtfully collecting from the bowlers to present a

gift to those diligently running the league. Here’s to Mike Bruno and Barbara Ocello who have done an amazing job for years managing our bowling league with the help of Jim O’Brien, Frank Spinneweber, Stan Bolton, and Jim Johnson.

Possibly the blackout also occurred because of the somewhat sad news we learned. Mike Bruno let all know that he was retiring from running the bowling league. Mike has been there for us through thick and thin. He’s done a terrific job dealing with whatever challenges he faced. Knowing what a great group of bowlers we have, one or two may consider taking over Mike’s spot to help continue our bowling league. It would be terrific to be able to look forward to years more of bowling for our residents!

Anne Egan



First Half Champs: The Paisanos
Bridget Kutz, Frank Bencivengo,
Cathie Massari



Second Half Champs and Hi Net Game:
Lost Boys – Carl Graf, Maggie Hoyer,
Ray Winkowski



Hi Team Net Series:
Rolling Thunder – Susan Pushman,
Shelly Kabak, Loris Johnson



Hi Team Hdcp Series:
Dire Straits –
Linc Paul, Mary Kolaski



Hi Team Hdcp Game: The Ski Team
Bob Ruczynski, Joe Marocchia, Ed Sadowski



Hi Individual Hdcp Series:
Sharon Radice, Jim O'Brien



Hi Individual Net Series:
Bridget Kutz, Carl Graf



Hi SEP Hdcp Series:
Pat Bitner, Frank Spinneweber



Hi DEC Hdcp Series:
Nick Massari, Loris Johnson



Hi JAN Hdcp Series:
Anne Egan, Joe Fiordilino



Hi FEB Hdcp Series:
Barbara Kowalski, Lynn Wilson



Hi MAR Hdcp Series:
Tom Altobelli, Lena Spinneweber



Grunt 120:
Marty Brown, Bob Peterla



Grunt 130:
Tom Davies, Ed Sadowski



Grunt 140:
Rich Iannotta, Rudy Ocello



Super Subs:
Donna Kabak, Jancie Goodis, Ursala Januzzi

Team Awards

First Half Champs: The Paisanos

Cathie Massari Bridget Kutz Frank Bencivengo

Second Half Champs: Lost Boys

Maggie Hoyer Ray Winkowski Carl Graf

Team Achievement Awards

High Net Series: Rolling Thunder (1438)

Sue Pushman Loris Johnson Shelly Kabak

High Net Game: Lost Boys (529)

Maggie Hoyer Ray Winkowski Carl Graf

High HDCP Game: Dire Straits (1468)

Mary Kolaski Linc Paul

Hi HDCP Game: The Ski Team

Joe Maroccio Ed Sadowski Bob Ruczynski

Individual Achievement Awards

Hi Net Series Carl Graf (643) Bridget Kutz (512)

Hi Net Game Shelly Kabak (256) Renee Ruczynski (199)

Hi HDCP Series Jim O'Brien (715) Sharon Radice (718)

Hi HDCP Game Bob Ruczynski (272) Maggie Hoyer (255)

Hi Average Shelly Kabak (180) Bridget Kutz (143)

Most Improved Shelly Kabak (+22) Mary Kolaski (+8.8)

Super Subs

Donna Kabak 52 Ursala Januzzi 45 Janice Goodis 42

High Monthly HDCP Series Awards

Sep Frank Spinneweber – 652
Pat Bitner – 627

Oct Rich Iannotta – 655
Cathie Massari – 654

Nov Ed Sadowski – 669
Mary Kolaski – 666

Dec Nick Massari – 689
Loris Johnson – 650

Jan Joe Fiordilino – 663
Anne Egan – 670

Feb Lynn Wilson – 714
Barbara Kowalski – 664

Mar Tom Altobelli – 681
Lena Spinneweber – 634

Apr Joe Maroccia – 693
Sue Pushman – 699

Grunt Awards

150 Frank Spinneweber – 159
Nick Massari – 155

140 Rudy Ocello – 145.17
Rich Iannotta – 145.15

130 Tom Davies – 134
Ed Sadowski – 132

120 Marty Brown – 129
Bob Peterla – 129

110 Ray Winkowski – 119
Barbara Kowalski – 118



Revolution 250 Events

With July 4th on the horizon, please check out this new and expanded list of events and exhibits in our area. See the websites for more things to do and see!

Events:

Through July 12 - Nursery of Rebellion, an exhibition of documents and artifacts that reveal the American Revolution in Princeton and surrounding communities (Firestone Library, Princeton)

Sundays through December 6 – Monmouth Battlefield Guided Walks (Park Visitor Center, Manalapan)

Through December 31 – Five Independent Souls, an exhibition featuring paintings, furniture, and objects from around the country that reveal the five New Jersey men who voted for independence on July 1, 1776 (Morven Museum, Princeton)

Throughout 2026 – If you are in Philadelphia, keep your eyes peeled for Revolution 250-inspired murals (Philadelphia)

Through January 3, 2027 – The Declaration's Journey at the Museum of the American Revolution (Philadelphia)

2026 – America's Founding at the National Constitution Center, a new exhibit (Philadelphia)

Through October 31 – History Pinned! Collect unique buttons as you visit five sites this year: Dey Mansion (Wayne), Bruce Springsteen Center for American Music (West Long Branch), Peter Mott House (Lawnside), Battleship New Jersey (Camden), and Howell Living History Farm (Hopewell)

July 1 – First Bank of the United States opens as a museum (Philadelphia)

July 2 to 8 – Heritage Week in Trenton, picnic, programs, church walking tour, State House tours, NJ State Museum, Trenton Free Public Library Talk, Trent House, Ellarslie City Museum, reading of the Declaration of Independence (Trenton, various locations)

July 3 – Fireworks (Joseph Lawrence Park, Bordentown Township)

July 3 – Remember George Washington's March to Trenton (West Trenton Garden Club, Ewing)

July 4 – Declaration of Independence and National Bell Ringing Festival (St. Andrew's Church, Mount Holly)

July 4 – Revolutionary Celebration at East Jersey Olde Town (Piscataway)

July 5 – Celebrating 250 Years at Fort Billingsport, history, food, and fun (Paulsboro)

July 8 – Sharing the Spirit of America, a talk about and reading of the Declaration of Independence (Lyceum, Mount Holly)

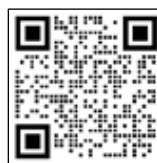
July 9 – The Occupation of Burlington County during the Revolutionary War (Burlington County Library, Maple Shade)

July 15 – The American Revolution: Founding Mothers (Lyceum, Mount Holly)

July 16 – The American Presidents (Burlington County Library, Westampton)

July 18 – Songs of American Freedom (Burlington County Library, Westampton)

Useful Sources:



← RevolutionNJ,
revnj.org/

Constitution Center, →
constitutioncenter.org/



← WAWA Welcome America,
july4thphilly.com/



Burlington County
Parks System →
Program Guide, co.burlington.nj.us/235/Parks



Leslie Roche



The Shalom Club **Villa Mannino Comedy Show**

On April 17, the Shalom Club and several of our Four Seasons neighbors attended the Comedy Show at the Villa Mannino restaurant in Bordentown, NJ. Villa Mannino has hosted this show for many years but paused it in 2020 due to the pandemic. This year it was brought back in a slightly different form.

The good news is that we were seated at large round tables with plenty of room to walk about. The Shalom Club had four tables for our members and friends. Previous years we had a sit-down dinner with a choice of three entrees. This year the food was served buffet style. We had the choice of stuffed rigatoni, orecchiette broccoli rabe with sausage, chicken Francese, stuffed eggplant, filet mignon Valdostano, roasted potatoes, and string beans. A Caprese appetizer and a spring mix salad were brought to the table prior to the buffet. After dinner, tiramisu was served with tea or coffee. All in all, there was something for every taste.

After dinner the show commenced. Joe Bubblewicz who organized the show served as emcee and told a few jokes to warm up the audience. He then introduced the first comedian, Belynda Cleare. Belynda, who grew up in Canada (she frequently used the telltale "Eh" to prove she was Canadian), told jokes about growing up, getting married, and becoming a widow at a very young age. Many of us plan to try her methods of getting a handyman. Walk into Home Depot with a tape measure!

The next comedian was Paul Lyons who is a frequent writer for *Chicken Soup for the Soul*. Paul entertained us with a broad range of stories about growing up in a large family, marriage, liking dogs, travel, etc. Each story was better than the last. If you can ever catch his act, it is definitely worth seeing. We were told he does a lot of cruise ships.

It was an entertaining night out with good friends. Thanks to Patti West who organized the event.

Contributes by Debbie Rago



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ads-3161a

Important Notice

Incorrect Payment Address & Late Fee Reminder

It has recently come to our attention that some monthly HOA payments are being mailed to Englewood Cliffs.

Please note that sending *any* payments to this incorrect address will delay the timely crediting of your account.

The correct payment address is with or without a payment coupon:

Four Seasons at Mapleton HOA
c/o Premier Management Associates
PO Box 52934
Phoenix, AZ 85072-2934

Important: Your *correct* account number must be clearly indicated on your check or payment to ensure it is properly credited to your account.

Reminder: Payments received after the 15th of the month are automatically assessed a \$25 late fee.

Please review your records to ensure all future payments are mailed to the correct address as shown on your monthly statement.

Four Seasons at Mapleton HOA Inc



Members of our Four Seasons community at the Memorial Day Ceremony in Columbus.



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Healthy Living

Could a Fitness Tracker Boost Heart Health?

You know exercise is heart-smart and good for you. But do you really know how much physical activity you're getting?

And how can you get more of it, day in and day out, for your heart health? A fitness tracker may help.

Studies show that consistently using a fitness tracker—a device that tracks your movement, such as a traditional pedometer or other wearable device, or a smartphone app—can increase your steps per day by more than a mile, especially if you establish a heart-smart daily goal.

"Fitness trackers are a great tool for heart health," says Johns Hopkins cardiologist Seth Martin, M.D., M.H.S. "Being more active and changing your habits is important, but it can be difficult. Tracking likely helps a lot of people when combined with a clear goal to shoot for."

The Heart-Smart Power of a Fitness Tracker

Having an objective daily record can open people's eyes to how little exercise they're getting, Martin says, which can recalibrate their mindset and become an incentive. People find ways to incorporate more activity into their day, whether it's dedicated walking or gym time, walking during meetings or personal calls, or simply taking the stairs instead of an elevator.

"It gives people information and empowers them to start making changes for heart health," Martin says. "And often, their activity level was not something they were paying attention to before they started tracking."

Fitness Trackers: Where to Start, How to Stick with It

Try a few pedometers, smartphone tracking apps or wearable devices, until you find one that's comfortable for you and your budget, Martin suggests. Next steps once you've made a match:

1. Use the tracker consistently, every day.
2. Set a goal. The most common figure is 10,000 steps per day but check with your doctor. If that is unrealistic or unhealthy, he or she can suggest

an individualized plan, such as doubling your 2,000 steps to 4,000.

3. Find activities you enjoy that also fit into your daily life and can be sustained over the long-term.
4. Recruit friends and family to use trackers as well. It can create a social support network and even foster a sense of competition.
5. Be accountable. Check your numbers every day and share them with your doctor at your next appointment.

Follow those five tips, and you'll be on your way to a healthier lifestyle — and a healthier heart.

The Future of Fitness Trackers

Be ready, too, as doctors learn and introduce even better ways to use these devices. In the mActive study, a randomized clinical trial, Martin and his Johns Hopkins colleagues tested an automated, real-time, personalized program that sent coaching text messages to cardiology patients based on data from a wearable device paired with their phone. Over the short term, this coaching system helped increase step counts by more than a mile a day beyond tracking alone.

Martin notes that collaborating researchers have tested the mActive program in other patients in NIH-funded research of patients with pulmonary arterial hypertension, where an increase in physical activity was also observed. He hopes to see the system more widely validate and used as part of routine clinical care.

Currently, with support from the American Heart Association, Martin and colleagues are incorporating the mActive automated physical activity coaching into a virtual cardiac rehabilitation program for patients who have had cardiovascular events.

"I think technology can be a very powerful tool to get people moving more," says Martin.

*Contributed by Heather Kennedy
(Recreation Committee classes instructor)*



Four Seasons at Mapleton Paid Events Policy

1. All events will be announced in *Mapleton News & Views* if time allows. Sign-up will begin at 7:00 p.m. on the first Monday of the month, except during Bocce season, at which time sign-up will be the first Tuesday of the month, or unless otherwise notified by the Social Committee. Residents will be provided a numbered ticket upon arrival. Only one ticket will be given per person. A household may sign up one other household, or up to two persons at Sign-up night. No one can sign up before that time. After the first evening of sign-up, all other checks should go to the Property Administrator. Do not put checks for social events and bus trips in the Management Mailbox. They will not be accepted. No household may submit more than two checks for each event.
2. In-house events will be limited to a number determined by the Event Chairperson, or to 130 residents. After capacity has been reached, residents will be placed on a Wait List maintained by the Property Administrator. Payment is not necessary to hold a place on the Wait List, but should a reservation be confirmed, the specified payment will be due immediately.
3. Cut-off date for sign-up is determined by the Event Chairperson or when no more space is available, whichever comes first. At the discretion of the Event Chairperson, an in-house event MAY be opened to adult (over 19 years of age) family and friends if capacity is not reached. With respect to bus trips, if space is available and the Wait List has been exhausted, the Event Chairperson may open the event to adult (over 19 years of age) guests of residents.
4. Any single registered resident may bring one adult guest (over 19) to any social activity being held inside the Community. One additional single adult living in the same household may bring a guest. No more than four (4) persons per household, including guests, are allowed to attend inside events. Full payment or deposit specified is required at sign-up. Since prices for events are based on the number of people who sign up, signing up commits you to pay in full for the event. If you cannot attend, notify the Property Administrator and the Event Chairperson who maintain the Wait List.
5. All checks and reservations must go through the office in order to sign up for an event. If the event is full a wait list is started. No one can transfer a reservation to another resident without the transferee going through the Management Office. If a wait list is started the original resident will be allowed a refund. If there is no wait list the resident will get a refund only for the refund policy set forth below. If a resident arrives at an event and is not on the list of attendees kept by the office and event planner that resident will not be allowed to attend.
6. Refunds will only be made under the following conditions: (1) a resident or authorized guest from the Wait List fills the open reservation; (2) in the event of serious illness confirmed by doctor's note or discharge summary, medical emergency or death in the immediate family; (3) a person who has made a reservation on Sign-up night (the first Monday of the month or other sign-up date specified by the Social Committee) cancels the reservation within seven (7) days of sign-up night. Refunds WILL NOT BE MADE for any reservations made after Sign-up night unless previously stated conditions 1, 2 or 3 apply. Any requests for refunds must be made to the Social Committee event chairperson or the Management Office PRIOR to the event.
7. With respect to overnight trips, no refunds will be made unless the opening is filled from the Wait List. Therefore, for all overnight trips it is strongly recommended that cancellation insurance be purchased by the resident. Residents are responsible for obtaining their own insurance. Guidelines of the insurance company must be followed, and payment made directly to the insurance company.
8. Checks for ALL events should be made payable to Mapleton Activities and must include a Reservation Form.
9. Seating requests will be accepted at sign-up. All other seating will be at the discretion of the Event Chairperson of the particular event. Every effort will be made to accommodate seating requests; however, no guarantee is made.

Revised 12/16/2024



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ads-8573

Dryer Vent Cleaning

According to the National Fire Protection Association, thousands of house fires each year are linked to inadequate dryer vent maintenance. Dryer vents collect highly flammable lint that can accumulate inside the dryer, the connecting hose, and the exterior vent system. Excess buildup can reduce dryer efficiency and create a serious fire hazard.

Many homeowners are unaware that the lint trap only captures a portion of the lint produced during drying cycles, while the remainder travels through the vent system. Over time, this accumulation can become significant if not properly cleaned.

Residents are encouraged to have dryer vents professionally inspected and cleaned on a regular basis. A qualified technician can clean the dryer connection and vent system, inspect for proper installation, check for blockages such as bird nests, and recommend an appropriate cleaning schedule based on usage.

In most cases, dryer vents should be cleaned annually. Homes with heavier dryer use may require more frequent service. Regular maintenance not only improves safety, but can also help dryers operate more efficiently.

HOA/Board Communication Policy

The Board of Trustees values open, transparent, and effective communication with all residents. However, as a reminder – and in accordance with Association policy – all communications intended for the Board must be submitted through the Management Office, preferably via email.

This process ensures that all inquiries are properly documented, tracked, and presented to the Board for consideration in a timely and organized manner.

Please note: Contacting individual Board members directly regarding requests or matters that must be reviewed by the full Board will delay resolution. All such requests should be submitted through the proper channels to ensure fairness, consistency, and effective governance.

The Management Office prioritizes all resident communications and will respond accordingly. Emergencies are handled as a priority.

Four Seasons at Mapleton HOA Inc

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Broker Associate

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ads-8810

Shalom Club Calendar



The Shalom Club is a social club open to *all*
residents of Four Seasons at Mapleton.

2026

- Aug 28 Meet and Eat
- Sep 27 Sukkot / Harvest Celebration
- Oct 30 Meet and Eat
- Nov 1 Annual Business/Election Meeting
- Dec 13 Chanukah Party



Scarlet Ladies

2026
Proposed Events



- July 14 – Crazy Bowling
- August 11 – Top Golf
- Sept – Pirate Ship, Brick, NJ
- Oct – Windy Farm Tour (alpacas)
- Nov 7 – Annual Planning Meeting
- Nov – Planetarium
- Dec – Holiday Party, Yardley Inn

For details for all events TBD, contact Lucille
Brizzi, Queen Bee, at luandlou60@verizon.net and/or
watch Breakfast Announcements.

July Birthstone: Ruby



July's ruby symbolizes love,
passion, health, and wisdom and is
said to attract good luck. Some
cultures also believe that this pink to
deep purplish red gemstone can offer
protection from all evil. The ruby is considered the
king of precious gems. The word ruby is found in the
Latin word 'rubber' which translates as 'Red.' In
ancient Sanskrit, it translates to 'Ratnatraj.' Rubies are
valuable gems, and their value increases by their
quality and color. A Burmese ruby is the brightest one.
These fiery gems have been treasured throughout
history for their color and vitality. A ruby is tough and
durable and measures nine on the Moh's scale.

Doris Kuegler



Mansfield Township Summer Hours

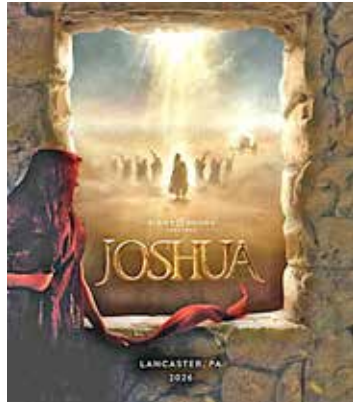
The Administration part of the
building will take part again this year in a Summer
Hours Schedule. The summer hours began on May 18
and will conclude on September 8. Summer hours will
be the same as last year:

- Monday through Thursday 8 a.m. – 4:15 p.m.
- Friday 8 a.m. – 12 p.m.



Shalom Club trip to the Sight & Sound Theater

On May 13, the Shalom Club sponsored a community trip to Lancaster County, PA and the magnificent Sight & Sound Theater to see *Joshua*. What luck! The weather held out and we had a beautiful ride across the Pennsylvania countryside.



For those who don't know of this theater, the Sight & Sound Theater is a sprawling complex and produces shows that focus on stories from the Bible. Most of us knew that Joshua fought the battle of Jericho and the walls came down but not much else. This story began with the Hebrews escaping from Egypt and the parting of the Red Sea through the years of wandering in the desert until they were finally able to enter the Promised Land.



The Sight & Sound theater focuses on elaborate staging and the use of live animals. The final scenes where the walls of Jericho tumble to the ground was an amazing spectacle. That this is done twice a day is mind-boggling! If you have never been, it is worth the trip to see one of their productions.

After the theater we went to Dienner's Country restaurant for their buffet. Known for their pies, the Four Seasons group made sure to sample many of the offerings. The poor restaurant staff couldn't keep up with the demand!

It was a wonderful day thanks to Sharon Brown and Angela Schwartz, event planners. And a special thanks to Marty Brown for handing out the water and collecting garbage!

Contributed by Debbie Rago

Hungry Visitors



Radha's backyard birdseed apparently comes highly recommended in the local fox community. In mid-May, she discovered that a vixen – the mother fox – had been sending her two kits to raid the patio buffet. Ever the gracious host, Radha welcomed the tiny free-loaders and even managed to snap these charming portraits of the kits, who seem entirely unbothered by the camera.

Photos by Radha Vaidyanathan



I took this photo of a male Ruby-throated Hummingbird who had been feasting in my garden during a rainy spell in May. He spent more time in the flowers than at the feeder and I was lucky to get this shot – they're so beautiful and fast!

*Contributed by
Donna Valeri*

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before after



Dr. Michael Baldino performs the restorative aspect of teeth in a day. He attended the University of Scranton, where he majored in biochemistry. Dr. Baldino was awarded Doctorate of Medical Dentistry at Temple University. Dr. Baldino completed a Post-Doctoral Residency at Mountainside Hospital in Montclair, New Jersey.



Dr. Anthony Prousi performs the surgical aspect of teeth in a day in his state-of-art surgery center with all the newest advances in technology and safety. He is an ivy-league trained, board certified Oral and Maxillofacial Surgeon who focuses his attention on the highest quality surgical and anesthesia care with emphasis on impeccable communication and personal accessibility to create the ideal patient experience. Please visit his website for more information at www.prousiiofs.com.

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Solution to Page 11

Tidbits of History

Many nursery rhymes refer to past events, some of which, if parents knew their meanings, would never be taught to children. In the next few columns, I will talk about some of these rhymes and their origins. Remember that most of their origins are obscure, so the explanations I give could easily be argued, especially the earliest examples.

*London Bridge is falling down,
Falling down, falling down.
London Bridge is
falling down,
My fair lady.*



This rhyme could refer to several events. As you may know, London Bridge has actually been rebuilt several times, the first as early as 43 CE. One bridge was built around 880 during the reign of Alfred the Great. That bridge was attacked by Vikings in 1014. Although the bridge was not destroyed, it may have been severely damaged, leading to the rhyme. The best evidence for this interpretation is a similar Scandinavian rhyme that emerged in the 1200s, referring to an attack by Olaf Haraldsson.

*London Bridge is broken down. —
Gold is won, and bright renown.
Shields resounding,
War-horns sounding,
Hild is shouting in the din!
Arrows singing,
Mail-coats ringing —
Odin makes our Olaf win!*

The British nursery rhyme did not appear in print until the 1700s, so the rhyme could refer to any number of fires or other incidents that happened on this bridge or subsequent bridges.

*Baa, baa, black sheep,
Have you any wool?
Yes, sir, yes, sir,
Three bags full.
One for my master,
One for my dame,
And one for the little boy
Who lives down the lane.*



This rhyme did not appear in print until 1731, but it may refer to a wool tax imposed by King Edward I of England in 1275. After returning from the Crusades, Edward needed funds to replenish the treasury. Black sheep were highly prized and worth more because the wool required no dyeing to make dark clothing. The rhyme refers to the tax, which awarded a third to the king (master), a third to the church (dame), leaving only a third for the commoners (the little boy), hardly enough to make a living. Other versions enforce that meaning with “none for the little boy who cries down the lane.”

Finally —

*Rub-a-dub-dub
Three men in a tub,
And who do you think they be?
The butcher, the baker, the candlestick maker,
And all of them out to sea.*

The modern version of this nursery rhyme was first published in the late 1700s in James Hook's *A Christmas Box*. However, the rhyme's oral tradition dates back to the 1300s. When reading the latest edition, you might wonder how three craftsmen might get stuck in a tub in the middle of the sea. When you look at the original non-bowdlerized version, the meaning becomes clearer:

*Hey! rub-a-dub, ho! rub-a-dub,
three maids in a tub,
And who do you think were
there?*

*The butcher, the baker, the candlestick-maker,
And all of them gone to the fair.*



Today, many supermarket tabloids love to headline scandals involving Hollywood celebrities or Washington politicians. This is not new. In the Middle Ages, only aristocrats could afford tabloids, let alone read them. They would really love hearing how their local suppliers were caught at the fair in a nudie show watching three naked “maids” bathing.

Contributed by John Devoti

Recipes of the Month

Chicken-Spinach Pasta

- 8 oz. penne pasta
- 2 Tbsp. extra-virgin olive oil
- 1 lb. boneless, skinless chicken cut into bite-size pieces
- $\frac{3}{4}$ tsp. salt
- $\frac{1}{4}$ tsp. ground black pepper
- 4 cloves garlic, minced
- 1 cup dry white wine
- 2 tsp. lemon zest
- $\frac{1}{4}$ cup lemon juice
- $\frac{1}{3}$ cup unsalted butter, cubed
- 4 Tbsp. grated Parmesan cheese, divided
- 10 cups fresh spinach, chopped



Bring a pot of water to a boil; add pasta and cook according to package directions. Reserve $\frac{1}{2}$ cup of cooking water; drain the pasta and set aside. Meanwhile, heat oil in a large high-sided skillet over medium-high heat. Add chicken pieces, salt, and black pepper; cook, stirring occasionally. Add garlic; cook, stirring, until fragrant, about one minute. Stir in wine, lemon zest, and lemon juice; simmer over medium-high heat, stirring occasionally. Add butter

and 1 Tbsp. of cheese; cook, whisking constantly until the sauce is creamy and emulsified, about two minutes. Add $\frac{1}{4}$ to $\frac{1}{2}$ cup pasta water; cook, stir occasionally, until the sauce thickens slightly, about two minutes. Stir in spinach and cooked pasta. Cook over medium heat, stirring occasionally, until the spinach is wilted and bright green, about five minutes. Divide among four plates and top with the remaining cheese.

Heather Kennedy

Blueberry Buckle Cake

Cake

- $\frac{3}{4}$ cup granulated sugar
- $\frac{1}{4}$ cup butter, softened
- 1 beaten egg
- $\frac{1}{2}$ cup milk
- 2 cups flour, sifted
- 2 tsp. baking powder
- $\frac{1}{2}$ tsp. salt
- 2 cups blueberries (if frozen, do not thaw)

Topping

- $\frac{1}{3}$ cup flour, sifted
- $\frac{1}{2}$ cup granulated sugar
- $\frac{1}{2}$ tsp. cinnamon
- $\frac{1}{4}$ cup butter, softened

Preheat oven to 365°. Grease and flour 9-inch square metal baking pan.

Prepare the cake: With an electric mixer, mix sugar, butter, and beaten egg well. Stir in milk. Sift together and stir in the flour, baking powder, and salt. Batter will be thick. Fold in blueberries by hand.

Prepare the topping: Thoroughly mix sugar, flour, and cinnamon. Using a wooden spoon, mix dry

ingredients into butter, working a little of the mixture at a time into the butter. I use a 2-cup measuring



cup, placing the butter into the cup and then adding the dry mixture a little at a time. I usually prepare the topping first.

Assemble the cake: Spread cake batter in prepared pan. Push down and level batter with a spatula or wooden spoon. Sprinkle with topping. Bake for 45 minutes. Test with a toothpick. If using a glass dish, the baking time may be 50 minutes.

Doris Kuegler

2026 ~ FOUR SEASONS AT MAPLETON ACTIVITY RESERVATION FORM

Please make checks payable to "Mapleton Activities"

Name(s) _____ Address: _____

Email: _____ Telephone: _____

Event: _____ Date of Event: _____ Check # _____ Check Amount: _____

Meal Choice(s) _____

_____ *Please advise if wheelchair seating is required in the Multi-Purpose Room.*

If possible, please seat with: _____

*****PLEASE READ IN DETAIL*****

MOBILITY REQUIREMENT & RESPONSIBILITY:

Participants must be able to independently manage bus and trip requirements, including climbing steps, walking distances, and maintaining balance without assistance. The Association is not responsible for providing mobility assistance, personal care, or specialized transportation services. The association has the right to deny participation in offsite events if a participant clearly has difficulty with sustained, and independent, mobility.

REFUNDS WILL ONLY BE MADE UNDER THE FOLLOWING CONDITIONS: (1) a resident or authorized guest from the Wait List fills the open reservation; (2) in the event of serious illness, medical emergency or death in the immediate family; (3) a person who has made a reservation on Sign-up night (the first Monday of the month or other sign-up date specified by the Social Committee) cancels the reservation within seven (7) days of sign-up night. Refunds WILL NOT BE MADE for any reservations made after Sign-up night unless previously stated conditions 1, 2 or 3 apply. Any requests for refunds must be made to the Social Committee event chairperson or the Management Office PRIOR to the event.

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FOUR SEASONS ACTIVITIES

ACTIVITY	CONTACT	DAY AND TIME	
Art Group	Pam Mancini	Wednesday	1:30 p.m.
Billiards	Open	Monday-Friday	2:00 p.m.
Bocce League	Alan Abramowitz	Monday (May – Aug)	5:00 p.m.
Book Discussion	Susan Pushman	Second Monday	9:30 a.m.
Bowling League	Barbara Ocello / Mike Bruno	Wednesday (Sep – Apr)	12:00 p.m.
Breakfast	Debbie Rupp / Debee Gash	Alternate Wednesdays	8:15 a.m.
Civic Assoc	Kat Nasevich	Second Tuesday	7:30 p.m.
Comfort Circle	Chris Petrosino Angela Schwartz	First Thursday	6:00 p.m.
Dance Club	Joe Marcello	Thursday	4:30 p.m.
Golf League	Nick Massari / Frank Spinneweber	Tuesday (May-Aug)	7:00 a.m.
Hand & Foot	Mary Kolaski	Friday	1:00 p.m.
Healthy Habits Group	Barbara Venezia	Wednesday	5:30 p.m.
Mah Jongg	Linda Rosenthal	Tuesday	1:00 p.m.
Our Gang Singles Club	Kay Kelley	Second Monday	7:00 p.m.
Pickleball	Bridget Kutz	Mon, Thu and Sat (Apr – Nov)	8:30 a.m.
Scarlet Ladies	Lucille Brizzi	Varies	
Sew & Sews	Rhonda Migdal	Friday	2:00 p.m.
Shalom Club	Patti West	Varies	
Sing-A-Long	Joe Rupp	Tuesday (Sep – May)	7:00 p.m.
Softball	Ron Kutz	Monday (Apr – Nov)	9:00 a.m.
Water Aerobics	Instructor varies	Friday	9:00 a.m.

USEFUL CONTACT INFORMATION

Management Office at Four Seasons at Mapleton	609-291-5000
Dani Kurczeski, Manager, email: dkurczeski@premiermanagement.net	
Allison Simmons, Admin, email: asimmons@premiermanagement.net	
Mansfield Township Police Dept. (non-emergency)	609-298-4411
Mansfield Township Offices	609-298-0542
Franklin Fire Co. #1 (Columbus) (non-emergency)	609 298-5325
Recycling Questions	609-499-5200
Premier Management Associates	732-390-1100*
* Use this number only outside normal Management Office hours and only in true emergency situation involving the CLUBHOUSE or COMMON AREAS .	

WEEKLY RECURRING ACTIVITIES

MONDAY	
8:30 a.m.	Pickleball*
9:00 a.m.	Softball*
2:00 p.m.	Billiards
5:00 p.m.	Bocce*
TUESDAY	
7:00 a.m.	Golf*
1:00 p.m.	Mah Jongg
2:00 p.m.	Billiards
7:00 p.m.	Sing-A-Long*
WEDNESDAY	
12:00 p.m.	Bowling*
1:30 p.m.	Art Group
2:00 p.m.	Billiards
5:30 p.m.	Healthy Habits
THURSDAY	
8:30 a.m.	Pickleball*
2:00 p.m.	Billiards
4:30 p.m.	Dance Club
FRIDAY	
9:00 a.m.	Water Aerobics
1:00 p.m.	Hand & Foot
2:00 p.m.	Billiards
2:00 p.m.	Sew and Sews
SATURDAY	
8:30 a.m.	Pickleball*

*Seasonal Activity



JULY 2026						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 The Buck Moon gets its name because male deer (bucks) begin growing and shedding their velvety antlers this month.	* ZOOM Note Rec Classes NOT offered via ZOOM are denoted with an asterisk		GARBAGE PICKUP Breakfast, 8:15am Gentle Yoga, 10am Weight Training*, 4pm	1 Sr. Gold Zumba, 10:30am Stability & Balance, 12:30pm Walk-Fit Cardio, 1:35pm Mobile Library 2:45-3:15pm Comfort Circle Support, 6pm	2 Office Closed Gentle Yoga, 10am Weight Training*, 11:45am	3 INDEPENDENCE DAY Independence Day Party, 4pm
5	6 Social Comm Event Sign-ups, 7pm	7 HOA Board Mtg, 11am Civic Association, 7:30pm	GARBAGE PICKUP	8	9	10 Nat'l Swimming Pool Day
12	RECYCLING Book Club, 9:30am Sr. Gold Zumba, 11am Weight Training*, 4pm Our Gang Waffles & Ice Cream, 7pm	14 Water Aerobics, 9am Red Hats Crazy Bowling	GARBAGE PICKUP Breakfast, 8:15am Gentle Yoga, 10am Weight Training*, 4pm	15 Sr. Gold Zumba, 10:30am Mobile Library 2:45-3:15pm	16 Gentle Yoga, 10am Weight Training*, 11:45am Casual/Music Friday, 6pm	17 CASUAL FRIDAY
19	20 Sr. Gold Zumba, 11am Stability & Balance, 1pm Stability & Balance, 2:10pm Weight Training*, 4pm	21 Water Aerobics, 9am HOA Board Mtg, 11am Low Impact Fitness, 1:30pm Simple Stretch/Seated, 2:35pm	GARBAGE PICKUP Nat'l Hammock Day Gentle Yoga, 10am Weight Training*, 4pm	22 MAMA! MIA! Atlantic City - <i>Mamma Mia</i> Trip Sr. Gold Zumba, 10:30am Stability & Balance, 12:30pm Walk-Fit Cardio, 1:35pm	23 Gentle Yoga, 10am Weight Training*, 11:45am	24 Gentle Yoga, 10am Weight Training*, 11:45am
26	RECYCLING Sr. Gold Zumba, 11am Stability & Balance, 1pm Stability & Balance, 2:10pm Weight Training*, 4pm	28 Water Aerobics, 9am Low Impact Fitness, 1:30pm Simple Stretch/Seated, 2:35pm	GARBAGE PICKUP Full Buck Moon Breakfast, 8:15am Gentle Yoga, 10am Weight Training*, 4pm Medieval Times Trip	29 Sr. Gold Zumba, 10:30am Stability & Balance, 12:30pm Walk-Fit Cardio, 1:35pm Mobile Library 2:45-3:15pm	30 Gentle Yoga, 10am Blood Drive, 12-5pm	31